Mission

To support member Associations in developing the role that dietitians have in reducing inequalities and improving nutritional health in Europe

EFAD is a not-for-profit organisation that does not pursue any political or religious ends
Index

Vision and Values .................................................................................................................. 4
About EFAD.......................................................................................................................... 5
Honorary President’s Report ............................................................................................... 6
Honorary Treasurer’s Report ............................................................................................... 8
Secretary General’s Report................................................................................................... 9
Professional Practice Committee Report ............................................................................ 11
The Education and Lifelong Learning Committee Report ................................................ 12
Research Committee Report ............................................................................................. 13
EFAD Project Officer 1 Report ............................................................................................ 14
EFAD Project Officer 2 Report ............................................................................................ 15
EFAD Communication Manager’s Report ........................................................................... 16
Appendix 1: Independent Auditor’s Report 2011 ............................................................... 17
Appendix 2: List of Executive Committee and other Committee Members, Scientific Reference and Advisory Group, Honorary Members and Secretariat ................................................................. 18
Appendix 3: EFAD Members 2012 .................................................................................... 20
Appendix 4: European Specialist Dietetic Networks ............................................................ 22
Appendix 5: Organisations with whom EFAD collaborates ............................................... 23
Appendix 6: Projects and Collaborations ........................................................................... 24
Appendix 7: Meetings Attended 2012 ................................................................................ 26
Appendix 8: Standards and Publications ............................................................................ 28
  Brief about the consultation on European Dietetic Advanced Competences (EDAC)......... 28
  Strategy for Lifelong Learning within EFAD (draft) ......................................................... 29
  Communications Strategy 2012-17 .................................................................................. 31
  Health in the Workplace: the Role of the Dietitian in Europe ........................................ 34
Appendix 9: Position Paper on the Role of the Dietitian in the Prevention and Management of Gestational and Type 2 Diabetes .................................................................................. 35
Appendix 10: Position Paper on the Role of the Dietitian in the Prevention and Management of Nutrition-related Disease in the Older Adults ......................................................... 36
Appendix 11: 23rd General Meeting Report ........................................................................ 37
Appendix 12: DIETS/EFAD Conference Programme ......................................................... 39
Vision and Values

The Vision
EFAD, national dietetic associations (NDAs) and dietitians are recognised leaders in the field of dietetics and nutrition. We will continue to pro-actively initiate and grow partnerships in order to improve nutritional health, reduce socioeconomic health inequalities and contribute to economic prosperity.
To achieve our vision EFAD supports the highest quality of dietetic education, professional practice, research activity and partnership.

Our Values
The values of EFAD guide how we make decisions and define our approach to partnership and collaboration.
Our core values are: fairness, openness, non-discrimination, collaboration and independence. These are expressed more fully in the way EFAD conducts its business, observing our Code of Ethics and Code of Good Practice (Appendix 10) and being:

- democratic, transparent and inclusive
- independent and ethical
- discerning and open to new ideas and approaches
- credible, objective and honest
- an effective communicator
- supportive of opportunity, innovation, creativity and entrepreneurship
- respectful of the values that members hold and their capabilities
- a partner with clients, colleagues and others
- active in pursuing excellence

EFAD is a not-for-profit organisation that does not pursue any political or religious ends.
About EFAD

EFAD was established in 1978 in Copenhagen, Denmark with 10 member associations. It now has 29 full members and 4 affiliate members representing over 30,000 dietitians in 26 European countries. Membership of the Federation is open to National Dietetic Associations (NDAs) from member states of the Council of Europe. The General Meeting is made up of delegates from each of the member Associations. The Federation is directed by its Annual General Meeting and represented by an Honorary President and Executive Committee.

EFAD has three standing Committees:
- Education and Lifelong Learning
- Professional Practice
- Research and Evidence-Based Practice

In 2010 the Education and Lifelong Practice Committee and the Research Committee began work on developing further the EU-funded Thematic Network ‘Dietitians ensuring education, teaching and professional quality’ (DIETS2)

Aims of EFAD
The aims of EFAD are to:
- promote the development of the dietetic profession
- develop dietetics on a scientific and professional level in the common interest of the member Associations
- facilitate communication between NDAs and other organisations: professional, educational, and governmental
- encourage a better nutrition situation for the population of Europe.

EFAD pursues these aims in co-operation with the member Associations and with international organisations. Our stakeholders include dietetic associations, dietitians, citizens, key national ministries, higher education institutions, non-governmental organisations, food industry, policy-makers and other health professionals. Our engagement with these groups reflects our independence and acts in the best interest of the populations we serve.
By embedding dietetic education, professional practice and research activity in dietetics throughout Europe, we enable high quality engagement at all levels, thereby addressing health determinants and creating supportive environments for healthy lifestyles and prevention of disease through nutrition.
EFAD communicates its aims and objectives by fostering exchange of knowledge, best practice promotion and action with and between our stakeholders.
Honorary President’s Report

I am quite certain that 2012 has been a landmark year for the Federation. Following the courageous decision to invest in an Operating Grant it has been possible to undertake a very productive year of publications and events which have raised the profile of European dietitians and their work to a level which, I believe, has not been obtained before.

As other colleagues will discuss in their reports later, in this the second EFAD Annual Report, the Committees have been proactively laying down a framework that will benefit the profession into the future. Promotion of the dietitian and their work has been achieved through position papers, briefing reports and the report ‘Health in the Workplace: the role of the dietitian’ which has been presented to key stakeholders including a Member of the European Parliament.

Dissemination of information through attendance at international conferences and meetings with key stakeholders at European level are critical to raising the profile of the dietetic profession and its innovative and pro-active approach seen in Europe. For example at the very end of last year I addressed the European Innovations Network in the European Parliament during a symposium entitled “Rebuilding the European Social Market Economy: A New Health Issue for the Union: Nutrition & Education” on the topic of ‘Education in nutrition: the role of the professionals’. Further this year EFAD has been invited onto high level groups such as the Stakeholders Advisory Committee for a new pan-European Joint Programming Initiative ‘A healthy diet for a healthy life’. This initiative will commit significant government funding to research projects across Europe. A European Innovation Partnership project coordinated through DG SANCO on Prevention of functional decline and frailty (in an aging population) also has EFAD as an active partner.

This year we have been working internally with our member Associations and dietetic stakeholders to support the growth of the profession through sharing of best practice and collaboration. EFAD was represented at the conferences of Italian dietitians, a very new Romanian association, a Polish dietetic association (not yet a member of EFAD), Hungarian, German and Cyprus dietitians. EFAD also held a symposium at the International Congress of Dietetics (ICD) at which French, German, Swiss and Slovene dietitians spoke of the changes to education and practice in their counties as a result of DIETS. ICD allowed us to showcase the tremendous progress that EFAD has made in producing standards for practice across Europe and we were commended for our innovations and models. A particular initiative that is being watched with interest is our work on Advanced Competences for dietitians and the development of a strategy for lifelong learning. These initiatives continue to promote European dietetics and dietitians internationally.

I am also pleased to say that meetings with Kellogg have resulted in a continued commitment to support the work of dietitians in Europe through a prize at our conference and further opportunities are under negotiation. Other support has been obtained from our formidable Scientific Reference and Advisory Group, which not only include politicians but also internationally known dietitians. This kind of support will allow us in future years to be even more strategic in supporting European dietetics.
Finally I must mention the tremendous commitment and work of our ‘EFAD team’ so ably led by Judith Liddell our Secretary General and the leadership demonstrated by our three Committees. Their work allows us to continue to have policy papers, guidance and information about dietetics in Europe that is so vital for sharing and promoting best practice. As I have mentioned before without the continual sharing and discussion, which EFAD is able to promote and facilitate both internally and externally, dietetics in Europe would not be where it is at the present time. We must not underestimate the contribution that we all make in our own countries and also in Europe to fulfill our EFAD Mission.

Economic times continually challenge the profession and unfortunately this is likely to continue into the next years. Dietitians however have had significant success in reversing some of the detrimental and short-term changes that have threatened our profession and the people we serve. The challenge is to keep on sharing and supporting one another and I am sure we will continue to do this through EFAD. So it is with great pride that I finish my report knowing that we will meet and face the challenges successfully.

Anne de Looy  
Honorary President of EFAD
Honorary Treasurer’s Report

The EFAD General Meeting made the decision to apply for external funding in 2010. In October 2011 EFAD received a positive notification of the award of an Operating Grant of €172,694 from the Executive Agency for Health and Consumers to fund activities in 2012. The first installment of €69,000 was received in November 2011, increasing the Assets markedly. All other income remained similar to that of 2010. The money on deposit increased only as a result of the pre-payment of the first installment of the Operating Grant. There was no surplus in 2011 from the annual business. Expenses were about €25,000 more than planned in the draft budget for 2011, due to the decision to use more money to support the bid for the Operating Grant. This contingency had been anticipated:

Citation from the report 2010

“Nevertheless it is necessary to focus on the operating grant to get more financial independence to process all enquiries which are submitted to EFAD. For the operating grant it is necessary to place some money as beneficiary’s own contribution. For that I recommend to take some money from our reserve to increase the possible EC contribution sum but not more than €25,000 in 2011.”

All other expenses were as calculated in the 2011 budget. In 2011 EFAD closed its books with a deficit of about €12,000, which was covered by money held on deposit.

A temporary loss will occur at the end of 2012, because money will be drawn from liquid funds until the final payment from the Operating Grant is received at the beginning of 2013. This final payment will again balance the budget and it is expected that EFAD will have 100,000€ on deposit at the end of 2013.

Ulrich Hühmer
Honorary Treasurer of EFAD
Secretary General’s Report

This has been a busy year for EFAD members and for the Secretariat. We were fortunate to receive an Operating Grant which funded the increased activities throughout the year. Two project officers (Kerry Yuill and Ria Vanderstraeten), a communications manager (Marcel Smeets) and an administrative assistant (Reka Bozo Kegyes) were each contracted to work on a consultancy basis. This “Team” worked incredibly hard to meet the deliverables which have contributed towards achieving the EFAD strategic plan for 2012, as you can read in their reports on pages 13-15.

EFAD also established a Scientific Advisory and Reference Group and appointed an External Advisor (see Appendix 2). Their roles, together with the Executive Committee, are to review activities and advise on future actions and the positioning of EFAD in Europe.

Development and Use of EFAD strategies and policies.
The EFAD 5-year Strategic Plan 2011-2016 was developed to include work plans for 2013, with the expectation of receiving further funding from an Operating Grant. Unfortunately this was not forthcoming, so the work plans for 2013 have been revised to reflect the greatly reduced income. The revised work plans were presented to the General Meeting for discussion and adoption and are included in the Strategic Plan published on the EFAD web site [link].

A Strategy for Communication, Dissemination and Valorisation was developed, which will maximise the impact of each of these activities in future. (see appendix 8)

The policy on transparency guided the introduction of a General Meeting Report on the public pages of the web site (see appendix 11).
The policy on membership guided the Executive Committee decision to admit two new Affiliate members: the Romanian Association of Dietitians and the Romanian Nutrition and Dietetic Association.
The policy on sponsorship guided negotiations for sponsorship of the 6th EFAD/DIETS conference.
The policy on accepting invitations to attend meetings and conferences or to enter into collaborations was regularly called upon as EFAD was invited to over 55 events in 2012. Appendix 7 shows those that were attended and gives links to meeting reports.

Everyone who attends an event as an EFAD representative writes a report after the event, identifying the relevance to EFAD, which enables strategic opportunities to be identified and developed.

Notable collaboration opportunities in 2012 have been joining the:
- European Innovative Partnership on Active and Healthy Ageing (EIPAHA) in a joint action with the European Nutrition Health Alliance (ENHA)
- Stakeholder Consultative Platform of the European Food Standards Agency (EFSA)
- Stakeholder Advisory Board of the Joint Programming Initiative: A Healthy Diet for a Healthy Life (JPI-HDHL)
- European Forum for Primary Care as a board member

Support the Honorary President, Executive Committee (EC), other committees.
The Executive Committee met virtually each month and twice Face to Face (Brussels and Portoroz). A list of Action Plans captured all the items which the EC worked upon – ensuring
efficient delivery of outcomes. This is only possible with the support of the Executive Committee members, who each voluntarily contribute many hours of their time to EFAD each year. The Education, Research and Professional Practice Committees have continued to meet regularly to ensure that they are working towards meeting their deliverables (see p 9-11).

To represent EFAD as required by the Honorary President and the Executive Committee
In 2012 I represented EFAD in the DIETS2 Thematic Network as Network Manager and Quality Assurance lead. I also represented EFAD at EU Platform, EPHA and ENHA meetings, Breakfast is Best and some conferences, including the International Congress of Dietetics. Attendance of the European Nutrition Leadership Platform (ENLP) Advanced Seminar in April enabled me to develop management and leadership skills necessary to support the development of EFAD in future.

To be the first point of contact with members, stakeholders, partners, other organisations and the public
EFAD’s primary stakeholders are the member associations. EFAD currently has 29 Full Member Associations and 4 Affiliate Member Associations from 26 Council of Europe states (see appendix 3). One of the roles of the Secretary General is to ensure that the member associations are actively engaged in planning and executing the work of EFAD. Over the past year delegates have been directly mailed with requests more than 50 times. In addition they have received weekly notifications of all new updates on the EFAD web site. To effectively disseminate all this information within their own associations and to give the required feedback to EFAD requires both time and commitment. In addition delegates from most member Associations attended the 23rd General Meeting in Portoroz, Slovenia. I am extremely grateful to the delegates for the wonderful job they do. Without them the work of EFAD could not have progressed as it has.

I would also like to thank Reka Bozo Kegyes, EFAD’s administrative assistant, whose capable support greatly contributed to the achievements of 2012.

So, in summary, 2012 saw a great increase in activity on many fronts, mainly as a result of the additional income from the Operating Grant. 2013 will enable us to reflect on what we have achieved and learned and to decide, together with our members, how to build on this in future. It promises to be an exciting time.

Judith Liddell
Secretary General of EFAD
Professional Practice Committee Report

The Professional Practice Committee (PPC) held two face-to-face meetings (March and October) and nine virtual meetings in 2012. The PPC celebrated its first anniversary at the meeting in March by looking back and developing a proposed work plan for 2012-2013. Where the monthly virtual meetings are useful for monitoring progress, a face to face meeting is indispensable for discussing in depth where the PPC is heading. The March 2012 face-to-face PPC meeting was also attended in part by Judith Liddell, Secretary General and Kerry Yuill, EFAD project manager.

The focus of the work during this year is as follows:

1. Standardised Language (SL)
   
   In this project the PPC aims to support the decision making processes of National Dietetic Associations (NDA’s) regarding adoption and implementation of standardised terminology for the care process. There was the beginning of a network for exchange and assistance. Jolein Iestra conducted interviews with dietitians on Standardized Language. These appeared on the EFAD website and in the newsletter. Kerry Yuill contributed to this project by interviewing more dietitians Europe-wide who were thinking of, or working on, the implementation of a standardized terminology. Findings were reported upon and shared throughout Europe. The PPC coordinated a workshop at the DIETS/EFAD conference to share further developments in applications of SL in Europe. This included presentations from seven different countries. There were also two SL workshops; one for Higher Education Institutes to evaluate and gauge judgment on the integration of SL processes in dietetic training and one for Beginners/Contemplators of SL in practice.
   
   Outside of Europe two PPC members participated in ICDA’s IDNT workshops in Sydney, Australia and EFAD has also been represented by a PPC member at the American Academy IDNT/SNOMED work group in collaboration with the National Library of Medicine.
   
   Two PPC members were international reviewers for the 4th ed. of IDNT manual (yellow book), recently released. And the PPC have been interested to see the translation into English of the ICF- Dietetic by the dietitians from the Netherlands. This is another SL that will have an influence on the practice of dietitians in Europe.

2. Registration project
   
   The PPC, following the EFAD strategic plan, wishes to contribute to reduce inequalities in professional quality Europe-wide. At the moment it is almost impossible to assess quality assurance procedures given the huge differences in legislation and circumstances between European countries. One member of PPC is currently preparing a paper to go to the Executive Committee of EFAD to gain a consensus on the way forward with this area. The paper will address how to assess the views of national dietitians related to pros, cons, barriers and chances for a European registration system of dietitians.

3. A glossary for professional practice related concepts
   
   At the General Meeting in Vienna September 2011 there was much discussion and comments on the need within EFAD for standardisation of terms related to Dietetics Professional Practice. There are for example interesting differences Europe-wide in our understanding of basic terms such as ‘dietetics’ and ‘enteral nutrition’. PPC have had initial discussions/beginning phases of developing a glossary. PPC will address this if appropriate in future work.

Constantina Papoutsakis            Pauline Douglas            Ylva Orrevall
PPC Chair                          PPC member                 PPC member

The work of EFAD’s Education and lifelong learning (LLL) Committee started in 2010 and is undertaken jointly with the DIETS2 project. The Committee consists of two work packages (WP) from DIETS2; WP2 (Second and third cycle specific dietetic competences) and WP3 (Life Long Learning for Dietitians in Europe). WP2 finished its work in 2012, while WP3 started in October 2011 and will finish in the autumn 2013. (What form the Committee work will take after the conclusion of the DIETS2 project will be discussed during the coming year.)

The objectives of the Committee are:

- Propose and implement a lifelong learning (LLL) strategy for European Dietitians which supports the strategies of Member Associations,
- advise on mechanisms for promoting LLL for dietitians within Europe, using best practice of Member Associations and Higher Education Institutes (HEIs)
- encourage LLL opportunities which are multidisciplinary, multi-professional or interdisciplinary
- liaise as appropriate with European (health) professional groups, HEIs and others to contribute to LLL in Europe.

During the last year WP2 has identified LLL requirements for dietitians in Europe and developed the European Dietetic Advanced Competences (EDAC) report. The EDAC report was circulated for consultation in the spring and 19 NDA/specialist groups, 35 HEIs and 271 individuals from a total of 30 countries took the opportunity to make comments and suggest improvements. In general the comments were positive and after revision the final report was posted on the website for all EFAD-delegates to read. In September a document describing a strategy for LLL within EFAD was developed. Both these documents were discussed at the EFAD General Meeting in Slovenia in October, and adopted by EFAD.

WP3 has collected information about courses, modules and programmes available in Europe for continued education for dietitians. A database will be developed to make planning of LLL easier for individual dietitians. WP3 will also make recommendations regarding omissions and future development of courses within the HEI consortium.

Over the past year, the Education Committee has had 13 meetings within the work of WP2 and 9 meetings within WP3.

In ending this report I want to pay particular tribute to the Committee members working on behalf of EFAD and the DIETS2 project, and all dietitians taking the time to answer web-surveys as well as commenting and suggesting improvements on the documents we’ve been sending out.

Prof. Agneta Hörnell
Chair of Education Committee
Research Committee Report

The Research Committee has had ten meetings over the past year. The Committee has 16 members (see Appendix 2).

The objectives of the Committee are:

- to develop a strategy for promoting, introducing and implementing an evidence-based approach to practice for European Dietetics that supports the strategies of Member Associations
- to promote an evidence-based approach for dietitians working and studying within Europe, using best practice of Member Associations and HEIs
- to encourage opportunities to use, share and discuss best practice in multidisciplinary, multi-professional or interdisciplinary research as it affects the nutritional health of European people
- to proactively liaise with European (health) professional groups, HEIs and others to contribute to dietetic research in Europe

The Committee and its work is undertaken jointly with the EU-funded Thematic Network project ‘Dietitians ensuring education, teaching and professional quality’ (DIETS2).

This is the second year of the Committee. The Committee has written a report on use of research teaching methods in dietetic education in European universities. In this way, more information may be available to all European dietitians about the preparation of students for pursuing an evidence based approach and also what support from higher education is available to those dietitians that have already qualified. In addition, the committee has been working on a database for teaching materials on research. This database is available for all dietitians in Europe to share information about research and evidence based practice. The Committee has also been working on an e-journal. This e-journal will publish abstracts of student’s research work. For this e-journal, an editorial board has been established. Finally, the Committee has been working on e-courses on teaching research. The units can be used in the dietetic study programmes in universities, but can also be used of course by qualified dietitians to improve or recall their skills and knowledge. These e-courses will be available on the DIETS website freely to all dietitians. The first e-course was piloted in the autumn.

There is still much to be done to promote and implement an evidence-based approach but it is hoped that through the integrating activities of EFAD and DIETS2, more can be achieved.

Over the past year EFAD has established a list of ‘specialist’ dietitians (see Appendix 4). This list includes dietitians who are practicing and also undertaking research that will lead to the promotion of more evidenced practice. The Committee will need to consider how it is possible to support the dissemination and exploitation of this expertise more widely. The DIETS2 Newsletter (published 2-3 times a year) promotes the work of dietitians across Europe and carries articles about dietetic research.

Plan for the Research Committee 2012:

- Work closely and integrate activities of EFAD with DIETS2
- Provide support for evidence-based practice (EBP) through a database of materials and e-courses to increase knowledge of EBP
- Increase publication and dissemination of EBP by establishing an e-journal for student dietitians

Dr. Elke Naumann
Chair Research Committee
EFAD Project Officer 1 Report

The main purpose of this position was to support the professional development of dietitians in Europe. EFAD Project Officer 1 had responsibility for the delivery of 3 projects: nutrition care process (NCP) and standardized language (SL) use in Europe, advocacy workshops, and the use of European Dietetic Competences.

The main objectives for EFAD Project Officer 1 were:

- To work with EFAD Professional Practice Committee (PPC); to design and conduct a survey for European dietitians on their use and knowledge of a nutrition care process and standardized language; to produce a report
- to conduct an online questionnaire which would collect data about implementation of EFAD European Dietetic Competences, at the point of entry to the profession, by National Dietetic Associations and dietitians; to record best practice; to identify any disparity; to produce a report; to make recommendations
- to organise workshops for new and extant NDAs to build advocacy skills; to compile a report

The survey and report on the NCP/SL project has been completed. The responses from the interviews and questionnaires were analysed and the report brought to the General Meeting of the Member Associations. The results were also presented at the DIETS/ EFAD conference in Slovenia. The next actions will be managed by EFAD Professional Practice Committee.

An online questionnaire regarding implementation of EFAD European Dietetic Competences (EDC) was accessible from mid-August until 31st October. The questionnaire was available in several languages. A workshop aiming to raise EDC awareness amongst students ran at the DIETS/EFAD conference. The results from the questionnaires were analysed and a summary report prepared. The EFAD Education Committee will manage the next steps.

Two virtual workshops were organised to facilitate discussion between new/inexperienced NDAs and established NDAs. The first took place in October and another in November. A short report is now available to inform stakeholders of the outcome of these workshops. An association-construction toolkit will be developed from the workshop outcomes.

I would like to thank everyone who has participated in the workshops and interviews, and who completed questionnaires and online surveys.

Kerry Yuill
EFAD Project Officer
EFAD Project Officer 2 Report

EFAD Project Officer 2 had responsibility for the delivery of position papers, reports and stakeholder workshops.

The main objectives for EFAD Project Officer 2 were:

- To gather evidence from dietitians across Europe on differences of dietetic care to form position statements/plans to reduce health inequalities in Europe (e.g. in healthy ageing and diabetes) through nutrition and diet.
- To report on robust indicators and baseline data on the engagement of dietitians in Europe in provision of healthy and safe food (catering at different levels) and effective health promotion to reduce health inequalities.
- To actively engage at EU level and with partner organisations, affiliate members, local NGOs, policy-makers, industry and academics to horizon scan for effective interventions which will improve nutrition, health and effectiveness of dietitians.

Position Papers (see Appendix 9) and accompanying Briefing Papers on the „Role of the Dietitian in the Prevention and Management of Diabetes” and „The Role of the Dietitian in Prevention and Management of Nutrition-related Disease in Older Adults” were presented to the 23 General Meeting and accepted.

Reports on „The role of the Dietitian in the provision of safe, nutritious, tasty and sustainable food” and „The role of the Dietitian in effective health promotion to reduce health inequalities” were completed shortly after the General Meeting, following discussion and input by the Specialist Networks on these topics. The Specialist Networks will continue to work on these topics which have high political priority.

A stakeholder workshop to launch the EFAD report „Health in the Workplace - the role of the Dietitian in Europe” was held in Brussels in September. The report was well received by the key stakeholders, who agreed that this was an important area in which dietitians could take the lead. A report of the workshop is available and follow-up initiatives are planned.

During the gathering of all information a topic-specific stakeholder database and a specialist dietitian database were developed for each of the different position papers and reports.

EFAD’s most important stakeholders are the member associations. A workshop for presidents of NDAs was held in October to identify effective interventions which will improve nutrition and health of the population of Europe and the effectiveness of dietitians.

I would like to thank all the many specialists from across Europe who contributed to the writing of the reports and position papers.

Ria Vanderstraeten
EFAD Project Officer
EFAD Communication Manager’s Report

Communications Strategy
In its communications strategy “Communicating well for and with European dietitians” EFAD identified information exchange and visibility as main objectives. In order to achieve these objectives, the secretariat has developed some new communication instruments and tools. (see Appendix 8)

EFAD newsletter
A first communication tool is the newsletter European dietitians, which is sent to all EFAD contacts and stakeholders. The four 2012 editions were very well received by their audience. Regular sections such as Interview with… and Food for thought, present active EFAD members and start discussions about EFAD and its functioning. To stimulate interaction, every newsletter includes clear contact details of the editorial team and the secretariat and the audience is actively invited to comment, suggest and participate in the production of the next edition. The fourth edition of the newsletter already included 3 contributions from NDAs and readers.

EFAD brochure
The secretariat developed a new brochure to present EFAD and its activities and membership. This brochure is meant for promotional purposes and will be distributed at conferences, seminars and meetings, and will be actively sent out to all contacts and stakeholders of EFAD. The brochure is also available for EFAD members to use nationally.

Social media
In addition to the new European dietitians’ newsletter, the secretariat also launched a group on social media LinkedIn. EFAD already had a Facebook page, which continued to grow in popularity, but the LinkedIn group focuses more on professional aspects of European dietetics. The LinkedIn group was created in April 2012 and admitted its 100th member in October 2012. By year end the total number of members has reached 145. The membership is well distributed in terms of geographical spread, healthcare functions and age and gender. Members actively post comments and start discussion, and some use the LinkedIn group for promotional purposes, e.g. to call for participation in surveys and research.

Stakeholder database
As part of the new communications strategy, the secretariat has developed a “stakeholder database”, including all relevant organisations and contact persons that may affect EFAD and its mission. The database is sub-divided into sections, e.g. EU policy makers, EU associations and partners and is up-dated on a monthly basis. It is posted on the EFAD web site, where it can also be used as a model for member associations to develop their own national stakeholder databases. The contacts included in the database receive all EFAD publications and up-dates, such as the European dietitians’ newsletter, brochure and reports.

Web Site
The EFAD web site public pages contain information about EFAD and dietetics that is of interest to the public. The extranet contains information of relevance to dietitians throughout Europe and is open to anyone who wishes to register to use it. Extranet usage has more than doubled in 2012, with over 1200 people now registered.
The EFAD intranet can only be accessed by delegates. All documents relating to the running of EFAD are stored there, along with confidential information from our partners.

Marcel Smeets, EFAD Communications Manager
INDEPENDENT AUDITOR’S REPORT
To: European Federation of The Associations of Dietitians
We have audited the accompanying financial statements 2011 of European Federation of The Associations of Dietitians, Oss, which comprise the balance sheet as at December 31, 2011, the profit and loss account for the year then ended and the notes, comprising a summary of the accounting policies and other explanatory information.

Management’s responsibility
Management is responsible for the preparation and fair presentation of these financial statements in accordance with Part 9 of Book 2 of the Dutch Civil Code. Furthermore management is responsible for such internal control as it determines is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor’s responsibility
Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Dutch law, including the Dutch Standards on Auditing. This requires that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor’s judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error.

In making those risk assessments, the auditor considers internal control relevant to the entity’s preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity’s internal control.

An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion with respect to the financial statements
In our opinion, the financial statements give a true and fair view of the financial position of European Federation of The Associations of Dietitians as at December 31, 2011 and of its result for the year then ended in accordance with Part 9 of Book 2 of the Dutch Civil Code.

Haarlem, October 3, 2012
Appendix 2: List of Executive Committee and other Committee Members, Scientific Reference and Advisory Group, Honorary Members and Secretariat

Executive Committee
President: Prof Anne de Looy, Plymouth University, United Kingdom (2010-2014)
Honorary Treasurer: German Dietetic Association represented by Ulrich Hühmer (2010-2015)
Committee Members:
The British Dietetic Association represented by Carole Middleton (2010-2014)
The Danish Diet and Nutrition Association represented by Mary Ann Sørensen (2008-2012)
The French Association of Nutritionist Dietitians represented by Thérèse Libert (2012-2016)
The Dutch Dietetic Association represented by Annemieke van Ginkel-Res (2012-2016)
Chair of Education Committee
Agneta Hörnell (The Swedish Association of Clinical Dietitians) (2010-2013)
Chair of Research Committee
Elke Naumann (Dutch Association of Dietitians) (2010-2013)
Chair of Professional Practice Committee
Constantina Papoutsaki (Cyprus Dietetic Association) (2012-2015 co-opted)

Professional Practice Committee
Chair: Jolein Iestra (Dutch Association of Dietitians) resigned in August 2012.
Constantina Papoutsakis (Cyprus Dietetic Association) Co-opted chair September 2012
Pauline Douglas (British Dietetic Association)
Ylva Orrevall (The Swedish Association of Clinical Dietitians)

Education Committee
Chair: Agneta Hörnell representing The Swedish Association of Clinical Dietitians & Umea University
Agneta Andersson representing The Swedish Association of Clinical Dietitians
Colin Chandler representing University of Northumbria at Newcastle, England
Elisabeth Fattinger representing FH JOANNEUM University of Applied Sciences, Austria
Ana Maria Gomes representing the Catholic University of Portugal
Sissel Olsen representing Norwegian Association of Dietitians (KEFF)
Paula Ravasco representing Lisbon University, Portugal
Katarzyna Wolnicka representing National Food and Nutrition Institute, Warsaw, Poland
Anne Payne representing University of Plymouth
Uta Koepcke representing German Dietitian’s Association
Ulrich Hühmer representing German Dietitian’s Association
Daniel Buchholz representing German Dietitian’s Association
Ute Brehme representing German Nutrition Society
Zita Breitenbach representing University of Pécs
Angela García Gonzáles representing University of Navarra
Franziska Pfister representing Bern University
Annemarie Nijhof representing HAN University
Laine Parts representing Tallin Health Care College

Research Committee
Chair: Elke Naumann representing the Dutch Association of Dietitians & HAN University
Eirini Bathrellou representing Harokopio University, Greece
Simone Bell representing Eurofir
Marta Fajo representing Zaragoza University, Spain
Elisabet Fattinger representing FH Joanneum University of Applied Sciences, Austria
Daniela Grach representing FH Joanneum University of Applied Sciences, Austria
Vilma Kriaucioniene representing Kaunas University, Lithuania
Tamara Vatovec Poklar representing the Slovenian Dietetic Association
Popi Karatzi, representing Harokopio University, Greece
Mary Yannakoula representing Harokopio University, Greece
Stojan Kostanjevec representing the Slovenian Dietetic Association
Naomi Trostler representing Israeli Dietetic Association

Scientific Reference and Advisory Group
Glenis Willmott MEP Leader, European Parliamentary Labour Party
Johanna Dwyer D.Sc., RD Senior Nutrition Scientist, OD/Office Dietary Supplements/National Institutes of Health; USA Government
Chris Trimmer PhD Executive Director, International Association for the Study of Obesity

Honorary Members
Anneke Krijger – Honorary Secretary 1978 – 1988
Renate Frenz – Honorary President 1984 - 2000
Irene Mackay – Honorary President 2000- 2006
Karin Hådell – Honorary President 2006 – 2010

Team Members
Kerry Yuill - Project Officer 1
Ria Vanderstraeten - Project Officer 2
Marcel Smeets - Communication manager

Secretariat
Judith Liddell - Secretary General
Reka Kegyes Bozo - Administrative Assistant
Appendix 3: EFAD Members 2012

<table>
<thead>
<tr>
<th>Association</th>
<th>Delegates</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Austrian Association of Dietitians</td>
<td>Andrea Hofbauer, Trudy Giesinger</td>
</tr>
<tr>
<td>Cyprus Dietetic Association</td>
<td>Eleni Andreou, Christiana Philippou</td>
</tr>
<tr>
<td>The Danish Diet and Nutrition Association</td>
<td>Ghita Parry, Mary Ann Sørensen</td>
</tr>
<tr>
<td>The Association of Danish Clinical Dietitians</td>
<td>Ginny Rhodes</td>
</tr>
<tr>
<td>The Flemish Professional Association of Nutritionists and Dietitians</td>
<td>Marleen Genetello</td>
</tr>
<tr>
<td>Union Professionnelle des diplômés en Diététique de Langue Française (U.P.D.L.F.)</td>
<td>Serge Pieters, Aude Dillis</td>
</tr>
<tr>
<td>The Association of Clinical and Public Health Nutritionists in Finland</td>
<td>Leena Rechardt-Rajakangas</td>
</tr>
<tr>
<td>The French Association of Nutritionist Dietitians</td>
<td>Isabelle Parmentier, Thérèse Libert</td>
</tr>
<tr>
<td>The German Dietitians Association</td>
<td>Ulrich Hühmer, Daniel Buchholz</td>
</tr>
<tr>
<td>Hellenic Dietetic Association</td>
<td>Eirini Bathrellou, Amalia Tsagari</td>
</tr>
<tr>
<td>The Hellenic Association of Dietitians – Technologists of Nutrition</td>
<td>Catherine Karakike</td>
</tr>
<tr>
<td>The Hungarian Dietetic Association</td>
<td>Bernadett Tóth</td>
</tr>
<tr>
<td>The Irish Nutrition and Dietetic Institute</td>
<td>Mary Moloney</td>
</tr>
<tr>
<td>The Icelandic Dietetic Association</td>
<td>Heida Bjorg Hilmsdottir</td>
</tr>
<tr>
<td>The Italian Association of Dietitians</td>
<td>Giovanna Cecchetto, Ersilia Troiano</td>
</tr>
<tr>
<td>Luxembourg Dietetic Association</td>
<td>Patricia Marx, Anne Zimmer</td>
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<tr>
<td>The Dutch Association of Dietitians</td>
<td>Wineke Remijnse, Annemiek van Ginkel</td>
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<tr>
<td>Norwegian Dietetic Association</td>
<td>Britt Soro, Arnt Steffensen</td>
</tr>
<tr>
<td>Norwegian Association of Clinical Dietitians affiliated with</td>
<td>Sissel Urke Olsen</td>
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<tr>
<td>The Norwegian Association of Researchers</td>
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<tr>
<td>Polish Dietetic Society</td>
<td>Danuta Gajewska</td>
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<tr>
<td>Portuguese Dietetic Association</td>
<td>Vania Costa, Zélia Santos</td>
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<tr>
<td>Portuguese Nutritionist Association</td>
<td>Helena M Ávila, Hugo de Sousa Lopes</td>
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<tr>
<td>Slovene Nutritionist and Dietetic Association</td>
<td>Stojan Kostanjevec</td>
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<tr>
<td>Organization</td>
<td>Members</td>
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<tr>
<td>Spanish Dietetic Association</td>
<td>Giuseppe Russolillo, Manuel Monino</td>
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<tr>
<td>The Swedish Association of Dietitians</td>
<td>Marianne Schroder-Maagaard</td>
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<tr>
<td>The Swedish Association of Clinical Dietitians</td>
<td>Elisabet Rothenberg</td>
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<td>The Swiss Association of Registered Dietitians</td>
<td>Beatrice Conrad, Gabi Fontana</td>
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<tr>
<td>The Turkish Dietetic Association</td>
<td>Zehra Büyüktuncer Demirel, Dilek Ongan</td>
</tr>
<tr>
<td>The British Dietetic Association</td>
<td>Carole Middleton, Pauline Douglas</td>
</tr>
<tr>
<td><strong>Affiliate members</strong></td>
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<tr>
<td>Nutritionist – Dietitians’ Association of Latvia</td>
<td>Daina Erdmane, Solveiga Niedra</td>
</tr>
<tr>
<td>Israeli Dietetic Association</td>
<td>Naomi Trostler, Edva Heiman</td>
</tr>
<tr>
<td>Romanian Association of Dietitians</td>
<td>Brigitta Székely</td>
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<tr>
<td>Romanian Nutrition and Dietetic Association</td>
<td>Florina Ruta</td>
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</tbody>
</table>
## Appendix 4: European Specialist Dietetic Networks

Five European Specialist Dietetic Networks were formed in 2012.

<table>
<thead>
<tr>
<th>Speciality</th>
<th>Lead person</th>
<th>Association</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obesity</td>
<td>Ellen Govers</td>
<td>Dutch Association of Dietitians</td>
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<tr>
<td>Gerontology</td>
<td>Elisabet Rothenberg</td>
<td>Swedish Association of Clinical Dietitians</td>
</tr>
<tr>
<td>Diabetes</td>
<td>Cathy Breen</td>
<td>Irish Nutrition and Dietetic Institute</td>
</tr>
<tr>
<td>Administrative</td>
<td>Ylva Mattsson Sydner</td>
<td>The Swedish Association of Dietitians</td>
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<tr>
<td>Public Health</td>
<td>Stojan Kostanjevec</td>
<td>Slovene Nutritionist and Dietetic Association</td>
</tr>
</tbody>
</table>
Appendix 5: Organisations with whom EFAD collaborates

**ICDA**
International Confederation of Dietetic Associations [www.internationaldietetics.org](http://www.internationaldietetics.org/)

**WHO**
World Health Organisation Regional Office for Europe [www.euro.who.int/nutrition](http://www.euro.who.int/nutrition)

**EU Platform**
EU Platform for Action on Diet, Physical Activity and Health [http://ec.europa.eu/health](http://ec.europa.eu/health)
(representatives Anne de Looy, Judith Liddell)

**EFSA**
European Food Standards Agency [www.efsa.europa.eu](http://www.efsa.europa.eu)
(Representatives Alison Nelson, Mary Flynn)

**EPHA**
European Public Health Alliance [www.epha.org](http://www.epha.org)
(Representative Judith Liddell)

**ENHA**
European Nutrition for Health Alliance [www.european-nutrition.org/](http://www.european-nutrition.org/)
(representatives Anne de Looy, Judith Liddell)

**EFPC**
European Forum for Primary Care [www.euprimarycare.org/](http://www.euprimarycare.org/)
(Representatives Karin Haby, Sophie Rodebjer)

**EUFIC**
European Food Information Council [www.eufic.org](http://www.eufic.org)
(representatives Anne de Looy, Judith Liddell)

**BiB**
Breakfast is Best [www.breakfastisbest.eu](http://www.breakfastisbest.eu/)
(Representative Judith Liddell)

**GDS**
Global Diabetes Survey [www.globaldiabetessurvey.com](http://www.globaldiabetessurvey.com)
Appendix 6: Projects and Collaborations

**DIETS2 (2010-2013)**
“Dietitians Ensuring Education, Teaching and Professional quality”
([www.thematicnetworkdietetics.eu](http://www.thematicnetworkdietetics.eu))

Lead partner: Plymouth University, England

EFAD leads the Quality Assurance work package and undertakes the Management of the network. The Thematic Network is funded by a grant from the European Commission EACEA Socrates Erasmus fund: 2010-3475_177201-LLP-1-2010-1-UK-ERASMUS-ENWA

Income: EFAD will receive €55,695 over 3 years. This will fund 75% of EFAD’s contribution to the DIETS project. As a co-funded project EFAD must contribute the outstanding 25% (€18,565) over 3 years.

EFAD is represented by Judith Liddell and Reka Kegyes

**DeBATE (2011-2012)**
“Dietitians’ Energy Balance Tools for Engagement”

Lead partners: EUFIC ([www.eufic.org](http://www.eufic.org)) and Brunel University, England

EFAD is a member of the Advisory Board.

This project is funded by Brunel University

Income: EFAD will receive €10,000 over two years

EFAD is represented by Anne de Looy

**FibeBiotics (2011-2016)**
“Dietary Fibers supporting Gut and Immune Function - From polysaccharide compound to health claim”

Lead partner: Dienst Landbouwkundig Onderzoek, Food & Biobased Research, NL.

EFAD is a member of the Scientific Advisory Board.

This project is funded by grant FP7-KBBE-2011-5

Income: Travel and subsistence for an EFAD representative attending one meeting a year of about €1600

EFAD is represented by Annelies Rotteveel

**Food4Me (2011-2015)**
“Personalised nutrition: An integrated analysis of opportunities and challenges”


Lead partner: The Institute of Food and Health, University College Dublin, Ireland

EFAD is a stakeholder in the Ethical and Legal issues workpackage (WP5).

The project is funded by grant FP7-KBBE-2010-4 (Contract no 265494).

Income: Travel and subsistence for an EFAD representative attending WP5 stakeholders meetings

**EIP Active and Healthy Ageing**


Lead Partner: European Commission

EFAD is a member of a joint action to prevent frailty through screening for malnutrition, together ENHA

The project is not funded. EFAD travel and subsistence expenses are met by ENHA

EFAD is represented by Elisabet Rothenberg
JPI Healthy Diet for a Healthy Lifestyle
www.healthydietforhealthylife.eu/
Lead partner: Instituto de Salud Carlos III
EFAD is a member of the Stakeholder Advisory Board (SHAB). Partners include Ministries from 21 Members States. The project does not fund SHAB membership
EFAD is represented by Anne de Looy

EATWELL
www.eatwellproject.eu/en/
„Interventions to Promote Healthy Eating Habits: Evaluation and Recommendations”
Lead partner: European Food Information Council (EUFIC)
EFAD is a stakeholder
The project is funded by FP7 grant (Contract number 226713)
Income: Travel and subsistence for an EFAD representative to WP5 stakeholders meetings
EFAD was represented by Kerry Yuill

ILC-UK Steering Group
Review of policy relating to constipation management in residential care homes across Europe
Lead partner: International Longevity Centre – UK www.ilcuk.org.uk
Income: travel and subsistence for an EFAD representative to attend steering group meeting
EFAD is represented by Grainne Flanagan
## Appendix 7: Meetings Attended 2012

<table>
<thead>
<tr>
<th>Date/deadline</th>
<th>Place</th>
<th>What</th>
<th>EFAD Representative</th>
</tr>
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<tbody>
<tr>
<td><strong>January</strong></td>
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<tr>
<td>25.01.2012</td>
<td>Brussels</td>
<td>Communication workshop for Platform members</td>
<td>Judith Liddell</td>
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<tr>
<td><strong>March</strong></td>
<td></td>
<td></td>
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<tr>
<td>04-05.03.2012</td>
<td>Nice</td>
<td>DeBATE Meeting</td>
<td>Anne de Looy</td>
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<tr>
<td>08.03.2012</td>
<td>Brussels</td>
<td>1st EFAD Team Meeting</td>
<td>Judicial Liddell, Anne de Looy, Marcel Smeets, Kerry Yuill, Ria Vanderstraeten</td>
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<tr>
<td>9/10.03.2012</td>
<td>Brussels</td>
<td>77 EFAD EC meeting</td>
<td>EC members</td>
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<tr>
<td>22.03.2012</td>
<td>Brussels</td>
<td>EATWELL workshop on healthy eating policies</td>
<td>Kerry Yuill</td>
</tr>
<tr>
<td>23.-24.03.2012</td>
<td>Hilversum</td>
<td>PPC Meeting</td>
<td>PPC members, Judith Liddell, Kerry Yuill</td>
</tr>
<tr>
<td>23.-24.03.2012</td>
<td>Lodz, Poland</td>
<td>The image of dietetics in the Polish health care system: National Conference of Dietetics Students</td>
<td>Anne de Looy</td>
</tr>
<tr>
<td><strong>April</strong></td>
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<tr>
<td>1-5.04.2012</td>
<td>Luxemburg</td>
<td>European Nutrition Leadership Platform (ENLP) - Advanced Seminar</td>
<td>Judith Liddell</td>
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<td>12.04.2012</td>
<td>Brussels</td>
<td>ENHA Trustees Meeting</td>
<td>Anne de Looy</td>
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<tr>
<td>18.04.2012</td>
<td>Brussels</td>
<td>2nd EFAD Team Meeting</td>
<td>Judith Liddell, Marcel Smeets, Ria Vanderstraeten, Kerry Yuill</td>
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<tr>
<td>20.-21.04.2012</td>
<td>Wolfsburg</td>
<td>54th German Dietetic Association Congress</td>
<td>Judith Liddell, Mary-Ann Sorensen, Ulrich Hühmer</td>
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<tr>
<td><strong>May</strong></td>
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<tr>
<td>03.05.2012</td>
<td>Brussels</td>
<td>High level conference on the EU Health Programmes</td>
<td>Judith Liddell</td>
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<tr>
<td>04.05.2012</td>
<td>Brussels</td>
<td>EPC INVITATION: Policy Dialogue on The role of education, regulation and personal choice in promoting better nutrition and health</td>
<td>Judith Liddell</td>
</tr>
<tr>
<td>09.-10.05.2012</td>
<td>Brussels</td>
<td>Symposium &quot;Obesity and Food in Europe, the Policy Challenge&quot; 9&amp;10 May 2012</td>
<td>Ellen Govers</td>
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<tr>
<td>11.-12.05.12</td>
<td>Budapest</td>
<td>Hungarian Dietetic Association 90th anniversary of dietetic training in Hungary</td>
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<td>24.05.2012</td>
<td>Brussels</td>
<td>Platform meeting</td>
<td>Anne de Looy</td>
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<td><strong>June</strong></td>
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<td>13.06.2012</td>
<td>Zellik</td>
<td>3rd EFAD Team Meeting</td>
<td>Judith Liddell, Anne de Looy, Marcel Smeets, Ria Vanderstraeten, Kerry Yuill</td>
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<td>14-15.06.2012</td>
<td>The Hague</td>
<td>Kickoff Meeting of the Healthy Diet for a Healthy Life Joint Programming Initiative</td>
<td>Anne de Looy</td>
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<td>25-29.06.2012</td>
<td>Cluj-Napoca</td>
<td>First AROND Conference (25-27.06.2012) and Summer School (27-29.06.2012)</td>
<td>Anne de Looy, Pauline Douglas</td>
</tr>
<tr>
<td>Date</td>
<td>Location</td>
<td>Event</td>
<td>Organizers</td>
</tr>
<tr>
<td>---------------</td>
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<tr>
<td>July 02-03.07.2012</td>
<td>Brussels</td>
<td>Action Group A3, Action for Prevention of functional decline and frailty</td>
<td>Judith Liddell</td>
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<td>19-21.07.2012</td>
<td>Chicago</td>
<td>Academy NCP-IDNT Meeting</td>
<td>Constantina Papoutsaki</td>
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<td>August 01.08.2012</td>
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<td>4th EFAD Team Meeting</td>
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<td>4th EFAD Team Meeting</td>
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<td>19-21.07.2012</td>
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<td>Academy NCP-IDNT Meeting</td>
<td>Constantina Papoutsaki</td>
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<td>01.08.2012</td>
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<td>4th EFAD Team Meeting</td>
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<td>4th EFAD Team Meeting</td>
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<td>September 3-4.9.2012</td>
<td>Gothenburg</td>
<td>EFPC Congress</td>
<td>Karin Haby</td>
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<td>5-8.9.2012</td>
<td>Sydney</td>
<td>ICD congress</td>
<td>Anne de Looy, Judith Liddell</td>
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<td>18.09.2012</td>
<td>Brussels</td>
<td>LiveWell for LIFE Stakeholder Workshop</td>
<td>Ria Vanderstraeten</td>
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<tr>
<td>21.09.2012</td>
<td>London</td>
<td>DeBATE Project Advisory Board</td>
<td>Judith Liddell</td>
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<tr>
<td>28.09.2012</td>
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<td>EFAD Stakeholder workshop – Health in the Workplace</td>
<td>Anne de Looy, Ria Vanderstraeten, Judith Liddell</td>
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<tr>
<td>October 01.10.2012</td>
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<td>5th Team Meeting</td>
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<td>02.10.2012</td>
<td>Brussels</td>
<td>ENHA Trustees Meeting</td>
<td>Judith Liddell</td>
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<tr>
<td>November 06.11.2012</td>
<td>Brussels</td>
<td>Conference of EIP Partners</td>
<td>Elisabet Rothenberg</td>
</tr>
<tr>
<td>13.11.2012</td>
<td>Parma</td>
<td>High Level Conference “EFSA@10: ready for the challenges of tomorrow”</td>
<td>Alison Nelson</td>
</tr>
<tr>
<td>21/22.11.2012</td>
<td>Brussels</td>
<td>20th Meeting EFSA Stakeholder Consultative Platform</td>
<td>Mary Flynn</td>
</tr>
<tr>
<td>29.11-01.12.2012</td>
<td>Cyprus</td>
<td>7th Cyprus Dietetic and Nutrition Association Conference</td>
<td>Anne de Looy</td>
</tr>
</tbody>
</table>
Appendix 8: Standards and Publications
Brief about the consultation on European Dietetic Advanced Competences (EDAC)

The EDAC-consultation was sent out to the DIETS network and EFAD partner associations in the beginning of May with a stop date of June 30. The documents were translated into German and Portuguese by the associations in these countries.

We received a fair number of answers and comments, although the response rate decreased for the specific questions about the competences and the PIs. This might very well be language related.

We received about 330 answers regarding the questions related to the glossary and the layout of EDAC-document, and between 180-195 answers for the specific competences and performance indicators. Most were positive but there were comments and suggestions for improvements from 8-28 groups or individuals per competence.

It is obvious that the varying level of education in the European countries has influenced the answers. Some countries commented on the basic level of some competences while others perceive the levels to be very high or only appropriate for positions other than those of a dietitian.

DIETS Work Package 2 revised the EDAC-document based on the comments and a final version was sent out to EFAD partner associations in July/August. The document was discussed at the 23 General Meeting in Slovenia and unanimously adopted.

Agneta Hörnell
Education Committee Chair
Strategy for Lifelong Learning within EFAD (draft)

According to the European Commission lifelong learning (LLL) is defined as ‘all learning activity undertaken throughout life, with the aim of improving knowledge, skills and competence, within a personal, civic, social and/or employment-related perspective.’

Part of the mission and aims of European Federation of Associations of Dietitians (EFAD) is to support member associations in developing the role that dietitians have in reducing inequalities and improving nutritional health in Europe.

This proposed strategy for LLL is aimed at dietitians in Europe through their National Dietetic Associations (NDAs) and written by the Work Package ‘Second and third cycle competences for dietitians’ of the Thematic Network of Dietitians (DIETS2, www.thematicnetworkdietetics.eu).

The purpose of the strategy is to support NDAs and the profession in Europe to fulfil the Mission and aims of EFAD by promoting the development of the dietetic profession and developing dietetics on a scientific and professional level in the common interest of the member Associations. This should also ensure fulfilment of the professional code of ethics and good practice adopted by EFAD, which states that European Dietitians should have;

“Continued competence and professional accountability
• Ensure accountability to the public
• Accept responsibility for ensuring practice meets legislative requirement
• Maintain continued competence by being responsible for lifelong learning and engaging in self-development.”

EFAD will help to develop and support NDAs who in their turn will be committed to the constant development and commitment of their members to improve their competence as they progress through their careers. This will not only benefit the people, that dietitians’ serve, to gain and maintain their health through improved food choice and nutrition, but also advance the status and reputation of the dietetic profession in Europe.

Aims of the EFAD Strategy for Lifelong Learning

1. To create a culture of LLL and professional development amongst dietitians in Europe.
2. To support individual NDAs to develop their commitment to LLL for/of their members.
3. To work with education providers, directly and through NDAs to develop learning opportunities, the promotion of these and the subsequent dissemination across Europe.
4. To work with all constituents who would benefit from professional engagement with dietitians in order to advance their learning about the contribution that can be made to the improvement of health through nutrition.
5. To provide basic and advanced level benchmark competence statements and a ‘toolkit to record LLL’ for European dietitians and to support individual NDAs to adapt to national requirements.
6. To monitor the development of the profession in Europe together with the NDAs as opportunities are introduced for LLL.

Recommended actions for NDAs

1. For Countries that do not yet have an accreditation or credit system, EFAD would recommend the NDAs and/or their education providers establish a system for rewarding learning (professional development and LLL) wherever it may occur.
2. Consider, adopt and promote a system for recording on-going professional development, for example using a portfolio-based or an internet based log system, to monitor the individual’s professional progress in achieving their learning goals.

3. Exploration and implementation of a Specialist Dietitian title by the NDA as a means of showing advancement as a professional and so create new career developments and opportunities.

4. The adoption either at national (competent authority level) or by the NDA of a mechanism to systematically monitor, ensure and publically list all dietitians they consider are safe and competent practitioners and a transparent system to identify those that are not competent (which may include reporting by colleagues or the public).
Communications Strategy 2012-17
“Communicating well for and with European dietitians”

1 Introduction
The European Federation of the Associations of Dietitians (EFAD) was established in 1978. The aims of EFAD have always been to promote the development of the dietetic profession, to develop dietetics on a scientific and professional level in the common interest of the member associations, to facilitate communication between national dietetic associations (NDAs) and other organisations – professional, educational, and governmental – and to encourage a better nutrition situation for the European population.

In line with these aims, EFAD’s ambition is to realise the contribution that dietitians can make to the improvement of nutritional health in Europe, to support the role of all NDAs to contribute to the sustainability of economic and social health through influencing decision-makers both locally and in Europe, to embed best quality and evidenced-based dietetic practice in Europe through collaboration and partnership, and to promote education and lifelong learning in order to raise and maintain European dietetic standards.

To realise these aims and ambitions EFAD has developed a 5 year communication strategy, as communication is in the heart of everything it does: developing and disseminating ideas and opinions, in constant interactions with the membership and with the stakeholders. EFAD strives to communicate well for (external communication) and with European dietitians (internal).

2 Purpose of the Strategy
This strategy describes general principles, concrete goals and objectives, practical tools and instruments as well as a model for evaluation and valorisation of EFAD’s communications.

The formulated strategy serves EFAD to realise its aims and ambitions by making the mission, vision and opinions visible to the membership and to external stakeholders. By doing so, EFAD can effectively set agendas and guide or influence national and European policies. It will also express the modus operandi of EFAD and the underlying principles - trust, relevance, sustainability, accountability and evidence base. The communication strategy shall provide EFAD opportunities to learn and to understand its environment by interactions with and feedback from its membership and stakeholders.

This strategy not only serves EFAD as a Federation but could also inspire member associations in modelling their own communication strategies and methods.

3 Theme, orientations and messages
‘Communicating well for and with European dietitians’ is the general theme of this communication strategy, whereby:

- ‘Communicating’ indicates an active, open and transparent stance
- ‘Well’ means adapted to the needs of and thus relevant to the identified audiences, on an honest, accountable, non-discriminatory basis and in clear language
- ‘For’ means that EFAD’s communications are guided by the interests of the Federation and its membership in addressing external stakeholders
- ‘With’ means that EFAD will stay in constant contact with its membership and that communication is reciprocal and to provide feedback
- ‘European dietitians’ means all dietitians active and interested in the field of dietetics and nutrition in the member countries of the European Council in general, and more specifically the members of the NDAs
Within this thematic framework, communication orientations and messages will focus on four domains, which are:

- Nutrition
- Education & Research
- Professional Practice
- Healthcare

4 Principles and goals of EFAD’s communications

The underlying principles and goals of EFAD’s communications are to increase knowledge, and to change attitude and behaviour among its key audiences. These key audiences comprise NDAs, the members of NDAs, partners and collaborators (present and future), and policy- and decision makers at national and European level.

Knowledge

EFAD and NDAs should know what happens in Europe in the field of nutrition, research and education, the dietetic profession and in healthcare (reciprocal information sharing)

Stakeholders should know what dietitians do and what dietitians think, as EFAD should know what stakeholders and dietitians do and think

Stakeholders and partners should know how dietitians can contribute to their agenda, as EFAD should know how stakeholders’ agendas can be used.

Attitude

NDAs should see EFAD as their “ambassador” in international (policy) platforms, and EFAD should use NDAs as “eyes and ears” for national developments

Policy developers and decision makers should include dietitians and their interests in their policy preparation

Partners and stakeholders should be open to collaboration with dietitians and EFAD

Behaviour

NDAs should provide EFAD with relevant information to enable EFAD to represent their interests and vice versa

EU decision makers should consider dietitians' interests

Partners and stakeholders should initiate and reinforce partnerships

This general strategy will be translated into yearly (tactical) communication action plans. These action plans further improve the visibility of EFAD and all it represents, increase stakeholder engagement in the work of EFAD, promote public debate about the role of dietitians in provision of better health through nutrition, and ensure that communication is on-going and effective through evaluation, testing and revision in follow-up action plans.

5 Evaluation and valorisation

The effectiveness and usefulness of the EFAD communication strategy and tools can be assessed by an evaluation and valorisation strategy that is based on:

Evaluation questions

- Did the EFAD communication activity change knowledge, attitude and behaviour of the specific audience?
- What element specifically did, or did not, cause these changes?
- How has EFAD profited from these changes?
- How could the EFAD communication activity be adjusted?
Evaluation indicators
- The specific change in knowledge, attitude and behaviour of the audiences
- The use and appreciation by the audiences of the EFAD communication tools and contents
- The feedback and usefulness for EFAD

Evaluation methods
- Audience and users (online) surveys per communication tool and activity
- Qualitative interviews
- Quantitative data collection on website, Facebook and LinkedIn usage.
- Spontaneous reactions and opportunistic feedback

Evaluation targets
- To provide EFAD with useful feedback about communication activities and tools
- To provide input and inspiration for the yearly communication action plans

Full Strategy, including Communication Action Plans for 2012/2013 are available on EFAD website [www.efad.org/folders/2578](http://www.efad.org/folders/2578)
Health in the Workplace: the Role of the Dietitian in Europe

The health of the workforce is one of the key determinants to ensure economic growth and competitiveness in the global market. Optimal health is an indispensable element of social protection of workers, yet often absent from programmes to improve working conditions and occupational safety.

The incidence of obesity is nearing epidemic proportions and is a serious public health concern in Europe. Obesity is a major risk factor for the development of non-communicable diseases (NCD) such as diabetes (DM), certain cancers, cardiovascular disease (CVD), and respiratory disease. Globally, NCD are a leading cause of mortality in Europe, >36 million deaths in 2008. The European Heart Network’s report “Diet, Physical Activity and Cardiovascular Disease Prevention in Europe”, noted that the burden of cardiovascular disease (CVD) in the EU is estimated at 192 billion Euros - more than the entire EU budget. 12,000 Europeans die every day due to heart attacks, strokes, and other cardiovascular diseases. The cost of ill health amongst the UK working population, alone, exceeds £100 billion per year.

Dietitians have an integral part to play in health promotion (HP) in the workplace and have been encouraged to develop extended roles across professional and organisational boundaries. However, their full potential for HP may not be being realised or acknowledged by professional, organisational, or governmental bodies.

This report provides an overview of the activity of dietitians in Europe regarding workplace HP programmes and makes recommendations for future developments and activity.

Health promotion activities using the workplace as a venue to reach the workforce are common across Europe. These will include leaflets, displays in canteens and changing rooms, and are often linked to national campaigns like National stop Smoking Week – UK, National Healthy Eating Week - Ireland, Happy Heart at Work – Ireland, Happy Heart for Hospital Staff and Visitors – Ireland.

Healthy workplace policies are developed across departments/agencies and usually take a more holistic approach incorporating healthy eating and activity as part of a lifestyle approach. Depending on the setting it would be expected that a healthy eating message is demonstrated in food provided in restaurants, vending machines, and at meetings held on site, is taught at appropriate points in any teaching curricula and activity is promoted by, for example the provision of changing facilities, cycle storage, access/ reduced memberships fees for gyms and sports facilities and the promotion of walking and changes in lifestyle.

Full report available on www.efad.org/folders/3374
Appendix 9: Position Paper on the Role of the Dietitian in the Prevention and Management of Gestational and Type 2 Diabetes

Dietitians, as members of integrated multidisciplinary teams, have a central role to play in supporting both the prevention and management of diabetes\(^1\). Dietary and lifestyle modification are considered the cornerstones of effective diabetes prevention and self-management. Dietitians are uniquely qualified to translate the science of nutrition and apply it to nutrition counseling, promoting healthy nutrition in diabetes, and to public health initiatives, reducing the burden of preventable disease through good nutrition.

The dietitians’ roles
Dietitians play varied roles within diabetes teams. Dietitians are highly skilled educators and lifestyle coaches; supporting and empowering individuals with diabetes to make healthy food choices, lead an active lifestyle and meet their personal and medical, short and long term goals\(^2\). Dietitians work as trained diabetes educators within diabetes self-management-education programs. They provide individualized therapy and counseling related to nutrition in both one-to-one and group-based settings with patients, taking into account personal and cultural beliefs, preferences, lifestyle and the willingness and ability of the person to change\(^2\). Dietitians working in diabetes also play key roles advising on overweight and obesity management, encouraging increased activity, interpreting glucose self-monitoring records and advising on how best to integrate medications management with the patients’ diet and lifestyle\(^3\). Maintaining or improving quality of life is a core patient-centered outcome in all dietetic interventions.

The dietitian and gestational diabetes
The role of the dietitian in the management of gestational diabetes is particularly important\(^4\) given that the prescription of dietary treatment can help to normalize blood glucose levels, prevent and minimize complications in pregnancy and during delivery, and support the normal development of the fetus.

The dietitian and type 2 diabetes
Diabetes interventions involving dietitians have proven efficacy for improving a range of outcomes in type 2 diabetes. Group education and care, delivered by trained dietitians, is associated with significantly lower HbA1c, decreased insulin resistance and a better quality of life than those delivered by a medically and pedagogically qualified team\(^5\). In sub-optimally controlled type 2 diabetes, despite optimised drug treatment, a dietitian-led intervention was shown to significantly improve glycaemic control, weight and waist circumference and led to a significant decrease in saturated fat intake\(^6\). There is also evidence that dietary interventions involving dietitians are effective in reducing progression to type 2 diabetes in pre-diabetes (58% reduced risk of developing type 2 diabetes with an intensive lifestyle intervention). Within these interventions, dietitians work as lifestyle coaches as well as case managers and active researchers\(^2\). Most importantly, dietetic interventions to prevent diabetes are proven to be cost effective\(^7\).

Full position paper with references available on [www.efad.org/everyone/3166/5/0/32](http://www.efad.org/everyone/3166/5/0/32)
Appendix 10: Position Paper on the Role of the Dietitian in the Prevention and Management of Nutrition-related Disease in the Older Adults

Dietitians, as members of integrated interdisciplinary and multi-disciplinary teams, play a key role in the prevention and management of nutrition-related disease in healthy ageing. They are uniquely qualified to apply scientific evidence to the promotion of healthy eating habits and individualised nutritional therapy and counselling in gerontology to individuals and groups.

Role of the dietitian

In the ageing population, the role of the dietitian is in prevention and treatment at a strategic, educational and operational level for two main target groups: healthy older adults and sick older adults including the frail older adults.

Dietitians are key in the prevention and treatment of malnutrition, one of the greatest and most expensive risk factors for mortality in older adults. Nutrition is embedded in the management of chronic diseases, malnutrition and functional abilities of older adults. Nutrition also plays a preventative role and is identified as a key component for quality of life.

Practically the dietitians’ role is spread over several different levels.

At a strategic level dietitians can influence and create policy; develop and implement standards of care to improve quality; lead and influence change of health provision processes and systems and coordinate nutrition related programmes at governmental and local level. A strategic plan should address specific areas which influence the prevention and treatment of nutrition/disease related malnutrition within geriatric care, e.g. prevention strategies, clinical strategies, education strategies, meal structure, production and environmental strategies and evaluation strategies.

At educational level dietitians have an educational and resource role for the older adult public and the professional target groups about nutrition.

At clinical level nutrition is embedded in the management of chronic diseases, malnutrition and functional abilities of the older adult. Nutrition plays an important preventative role and in rehabilitation according to functional abilities and is identified as a key component for quality of life. Dietary changes in adults over 65 years of age should be appropriate when focusing on overall quality of life and well-being. While a poor nutritional status and disease development should be indicators for nutritional intervention in which dietitians should be involved.

At administrative level in the care of older adults, nutrition should be older adult-centred. When planning nutritional care for the older adult it is essential to respect their autonomy and take ethical factors into account in order to achieve optimal quality of life. The ‘gastrologic approach’ which strives for a harmony between healthy, safe and nutritious food with ‘taste’ as the core concept is very suitable for the realisation of these goals. Dietitians play a critical role in developing national nutritional recommendations and advising on incorporating these into menu policy in acute hospitals and community residential services.

The dietitian plays a key role in ensuring that contract specifications for the provision of food in older adult care and their consequent implementation, reflect older adults preferences, quality ingredients, nutritional requirements, food safety regulations, quality assurance procedures and user feedback opportunities.

The dietitians an evaluator is essential in closing the circle of dietetic management in older adult care. Dietitians have the responsibility to evaluate the effectiveness of their actions. Different nutritional assessment tools can be used for evaluation.

For older adults at risk of malnutrition please refer to the EFAD position paper ‘The Role of the Dietitian in the Prevention and Management of Malnutrition in Adults’.

Full position paper with references available on www.efad.org/everyone/3165/5/0/32
Appendix 11: 23rd General Meeting Report

The meeting was hosted by the Slovene Nutritionist and Dietetic Association in Portorož, Slovenia on 25 October 2012 and attended by delegates from 22 member associations and 2 affiliate associations. Nine member associations were absent.

Anne de Looy, President of EFAD, welcomed two new affiliate members, the Romanian Dietetic Association and the Romanian Nutrition and Dietetic Association, and informed them that the GM recommended that their associations should work towards unification as one national association. In her Honorary President’s report Anne de Looy explained the significance of EFAD’s increasing representation at international conferences and stakeholder meetings. She reported on meetings with MEPs and about EFAD’s involvement in the stakeholder advisory board of the Joint Programming Initiative “Healthy Diet for a Healthy Life” which brings together ministers from all over Europe to decide on future nutrition research investment. She also presented EFAD’s newly formed Scientific Reference and Advisory Group (SRAG), whose members are Glenis Willmott MEP, Johanna Dwyer Senior Nutrition Scientist, OD/ODS/NIH and Christine Trimmer, Chief Executive of IASO.

In his Honorary Treasurer’s Report Ulrich Hühmer explained that the 2012 finances were good as a result of obtaining an Operating Grant. The draft budget for 2013 was greatly reduced as no external funding had been secured, but an application would be made for Operating Grant funding in 2014.

In her Secretary General’s report Judith Liddell stated that the 2011 Annual Report had been widely disseminated and well accepted. Several organisations had commented on how useful it was and some had asked to work more closely with EFAD in future, as a result of receiving it. Delegates had been sent a draft of the 2012 Annual Report as supporting documentation for the GM. The final version would be distributed to all members and stakeholders in January 2013. The number of invitations that had been accepted in 2012 (about 30) remained similar to 2011, but the number of people who had volunteered to represent EFAD had risen. New collaborations in 2012 included joining the stakeholder platform of the European Food Safety Authority (EFSA) and, jointly with ENHA, the European Innovative Partnership on Active and Health Ageing. (EIP AHA). Representatives had been selected to represent EFAD in each of these collaborations. It was agreed that a policy on how to select EFAD representatives should be developed to ensure transparency of the process in future. The Operating Grant funding in 2012 had enabled the contracting of two Project Officers, a Communication Manager and an administrative assistant, who had worked hard to deliver the many planned deliverables.

Voting &Elections The GM agreed:

- Each Full Member Association could hold a maximum of 3 proxy votes
- EFAD should not consider introducing proportional representation
- To elect The Dutch Dietetic Association and The French Association of Nutritionists and Dietitians as Executive Committee members for 2012 – 2016.
- To elect Dr Elke Naumann as chair of the EFAD Research Committee 2012-2013.
- To adopt the European Advanced Dietetic Competence Statements
- To adopt the Position Papers on the “Role of the Dietitian in the Prevention and Management of Nutrition-related Disease in the Older Adults and the “Role of the Dietitian in the Prevention and Management of Gestational and Type 2 Diabetes” with a request that all position papers be regularly reviewed.
• To adopt the Draft 2013 Work Plans.

Brainstorming sessions focused on the five areas of the Strategic plan followed. Constantina Papoutsakis, co-opted chair of the Professional Practice Committee, reported that the PPC viewed professional practice as based around integrity, competence and accountability. The GM agreed that the PPC should continue to work on standardised language, registration and regulation and monitoring pertinent issues and developments around Europe.

Advocacy, capacity, capability and policy at European Level
Ria Vanderstraeten (Project Officer) reported on the preparation of the position papers, briefing papers and reports. The reports and briefing papers would be finalised by the European Specialist Dietetic Networks (ESDN). The position papers would be translated where required and used to advocate where possible.
A stakeholder workshop to discuss the role of dietitians in promoting health in the workplace had also been used to advocate for dietitians, while virtual workshops organised by Kerry Yuill (Project Officer) would help new associations to develop their advocacy capacity.

Lifelong Learning, Education and research
Agneta Hörnell (Chair of the Education Committee) reported that European Dietetic Advanced Competences (EDAC) had been developed and work had started on promoting lifelong learning, with a draft Strategy for Life Long Learning already prepared.
Elke Naumann (Chair of the Research Committee) informed delegates of the development of an eJournal, eLearning courses and a database of materials used to teach enquiry.

Communication and dissemination
Marcel Smeets (Communications Manager) reported on EFAD’s new five-year Communication Strategy, brochure and newsletters.
Kerry Yuill presented the Health in the Workplace report, which had been used as a basis for discussion in a stakeholder workshop, while Anne de Looy reported that EFAD members had hosted a symposium at the ICD Congress in Sydney, Australia, highlighting the role of DIETS in developing European dietetics.

Business Capability
The GM suggested that the 2014 Work Plans should include organising e-courses, expanding the eJournal to practising dietitians, certifying schools of dietetics, endorsing courses offered by other organisations, Nutrition Care Process, Standardised Language, organising conferences, lobbying in the European Parliament, reviewing previous EFAD publications.
Hosting of conferences could generate income for EFAD and consideration was given to future venues. Anne de Looy asked delegates to consider the possibility of holding General Meetings and conferences in a centralised location in future, using a conference organiser to undertake the organisation of both, stating that this could also help to attract important stakeholders, including politicians, to the conferences.

The meeting continued with a two-day joint DIETS/EFAD conference, attended by 185 delegates, where five European Specialists Dietetic Networks met to discuss their areas of speciality (Obesity, Gerontology, Diabetes, Administrative Dietetics and Public Health dietetics). Some 40 students, the dietitians of tomorrow, also attended the conference.

A Presidents’ workshop, hosted by the President of EFAD, was attended by the Presidents of 17 member associations. They discussed the issues most relevant to their own associations and identified issues which they felt EFAD could support them in at European level, such as standardised education and defining what a dietitian is, with a view to protecting the title and work fields.

The 24th General Meeting EFAD would be hosted by ANDID in Verona, Italy from 7-9 November 2013.
This conference in Slovenia will address the research and scholarly activities of new generations of dietitian, how learning can be sustained through new technologies and encouraged through continuing dietetic education (CDE). Life Long Learning is the responsibility of all healthcare professionals and especially in rapidly evolving fields such as dietetics and nutrition. Products of DIETS2 workpackages will be featured and European Specialist Dietetic Networks will be launched.
### 6th DIETS/EFAD conference – Programme

**Friday 26th October 2012**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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| 9:05   | Welcome from: DIETS2 and EFAD                                        | Prof. Anne de Looy  
**University of Primorska**  
**City of Piran**  
**Slovene Nutritionist and Dietetic Association**  
**Professor of Dietetics,**  
Plymouth University  
**DIETS2 Coordinator & Honorary President EFAD**  
**Prof. Dr. Dragan Marušič**  
**Rector of University of Primorska**  
**Prof. Dr. Andrej Cör, MD**  
**Dean of UP Faculty of Health Sciences**  
**Peter Bossman, MD**  
**Mayor of Municipality of Piran**  
**Dr. Tamara Poklar Vatovec**  
**Assist. Prof. Slovenian Nutrition and Dietetic Association**  
**Prof. Dr. Peter Bossman, MD**  
**Dean of UP Faculty of Health Sciences**  
**Peter Bossman, MD**  
**Mayor of Municipality of Piran**  
**Dr. Tamara Poklar Vatovec**  
**Assist. Prof. Slovenian Nutrition and Dietetic Association**  |
| 9:30   | Key Note: Strategy for Lifelong Learning for dietitians in Europe    | Agneta Hörmell  
**Professor, Umea University Sweden**  
**Lead - Second and third cycle specific dietetic competences** |
| 10:00  | Mobilising dietitians across Europe: What ‘Nutrition Day’ tells us after 5 years. | Karin Schindler  
**Assoc. Prof. Medical University of Vienna** |
| 10:30  | Advertising, taxation and nutrients: why nutrient profiles are so important | Dr Mike Rayner  
**Director, British Heart Foundation Health Promotion Research Group, University of Oxford, UK** |
| 11:00  | Break                                                               |                                                                                                                                 |
| 11:45  | Harnessing dietitians and HEIs for Continuing Professional Development or Lifelong Learning | Anne Payne  
**Assoc. Prof. Plymouth University** |
| 12:05  | Communication and dissemination; exploiting dietetics in Europe      | Judith Liddell  
**General Secretary EFAD**  
**Ana Catarina Moreira**  
**Higher School of Health Technology of Lisbon, Portugal** |
<p>| 12:25  | Dietetic Research by and for dietitians                             | <strong>Poster Sessions 1&amp;2</strong>                                                                                                                                 |
| 13:30  | Lunch                                                               |                                                                                                                                 |
| 14:30  | Introducing a Standardised Dietetic Language in Europe – results of feasibility study (supported by European Agency for Health and Consumers) | EFAD Professional Practice Committee and Kerry Yuill |</p>
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<tr>
<th>14:50</th>
<th><strong>European Specialist Dietetic Networks - workshops</strong></th>
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<tbody>
<tr>
<td>Diabetes</td>
<td>Cathy Breen Research Dietitian, Endocrine Unit, Dublin, Ireland</td>
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<td>Gerontology</td>
<td>Elisabet Rothenberg President of the Swedish Association of Clinical Dietitians Frode Slinde Assoc. Prof., University of Gothenburg, Sweden</td>
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<tr>
<td>Obesity</td>
<td>Ellen Govers Research Dietitian, Netherlands Maria Hassapidou Professor Nutrition &amp; Dietetics, Thessaloniki, Greece</td>
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<td>Public Health Dietetics</td>
<td>Stojan Kostanjevec Slovene Nutritionist &amp; Dietetic Association and Dr Mike Rayner University of Oxford, UK</td>
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<tr>
<td>Administrative Dietetics</td>
<td>Ylva Mattsson Sydner Head of Nutrition &amp; Dietetics, University of Uppsala, Sweden</td>
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<tr>
<td>14:50</td>
<td>Workshop: applying standardized language across Europe The EFAD Professional Practice Committee</td>
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<td>Student workshop on learning from conferences and other media Koen Vanherle Plantijn, Belgium Dietitians engagement with ICT to improve learning</td>
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<td>Plenary and feedback from workshops</td>
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<td>Student meeting Koen Vanherle Plantijn, Belgium Dietitians engagement with ICT to improve learning</td>
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<td>17:45</td>
<td>Key Contacts Workshop (Work packages 8: Lead - Embedding and driving change and Work package 9: Lead - Alerting, Networking and Sharing) Ana Catarina Moreira Higher School of Health Technology of Lisbon, Portugal Bernadett Toth Hungarian Dietetic Association</td>
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<td>17:45</td>
<td>EFAD Presidents’ workshop Anne de Looy Honorary President EFAD</td>
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<td>20:00</td>
<td>Conference Dinner</td>
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<td>9:00</td>
<td>Lifelong Learning for a secure nutritional future; an industry</td>
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<td>DeBATE Project- research into the profession to guide future</td>
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<td>performance of dietitians</td>
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<td>Practice Placements; their contribution to the future of the</td>
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<td>profession: Report from DIETS2 (WP1)</td>
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<td>The role of second cycle competences for future of the</td>
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<td>10:20</td>
<td>Life Long Learning for Dietitians in Europe; what is available and</td>
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<td>Break</td>
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<td>Workshop on LLL and higher education</td>
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<td>Close and Announcement of Student Prize for Best Poster</td>
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