



European Dietitians

President's Letter

Over the past 6 years, the DIETS Networks have brought dietetic associations and higher education institutions (HEIs) into a productive working partnership that has resulted in improving educational opportunities for European dietitians; and policies that have been adopted by EFAD. So it is with sadness that we bid farewell to the EU funding support for the DIETS2 Network at the end of 2013. However, EFAD is committed to keeping the network alive by adopting its website resources and inviting HEIs to join EFAD as 'education associate members'. As one door closes another opens to new initiatives and European partnerships in 2014. Meeting with European dietitians (young and old) I get a real sense of commitment to our profession and what it can achieve to benefit nutritional healthI can't wait to see what achievements await us in 2014. Happy holidays!



Anne

EFAD Publications 2013

Pedagogic standards for Dietetic Placement Teachers

This provides guidelines for practice placement teachers, aimed at achieving the optimum degree of quality, standards and outcomes with regard to learning facilitated by the teacher.

LLL Guide

This guide, together with the EFAD Policy on Lifelong Learning for Dietitians provides direction, tools, examples and know-how for dietitians.



Secretary General's Report

EFAD has had a busy year as usual, including a successful General Meeting and conference. My message as we head into 2014 is that EFAD will continue to grow and develop, to meet the increasing needs of its members and the population of Europe, which we serve. These are exciting times for dietitians and I am proud and happy to work with you all to promote our profession in Europe.

Judith Liddell, EFAD Secretary General

EFAD wishes all of our members and supporters a healthy, happy Festive Season and a successful New Year!



The Italian Dietetic Association hosted the 24GM in Garda on 7 November 2013, attended by 23 full members and 3 affiliate members. The main outcomes of the meeting were:

1. Membership of EFAD will be extended to include an additional category of membership called Education Associate Membership, which will be open to all Higher Education Institutions in Europe that are recommended by all the NDA members of EFAD in their country (where such NDAs exist) and are teaching (or working towards teaching) the European Dietetic Academic and Practitioner standards and other EFAD educational standards. Education Associate Members will not have the right to vote but will be invited to take part in working groups and to attend the non-business parts of the General Meeting. They will have access to all documents published on the EFAD website. Applications will be accepted from early 2014.
2. Chairs of EFAD committees were elected as follows:
 - Agneta Hörnell – Education and Lifelong Learning
 - Tina Papoutsakis – Professional Practice
 - Elke Naumann – Research and Evidence-Based Practice
3. EFAD will lead the management workpackage of a second EU Masters joint funding application, which will be submitted by a consortium of 6 universities and EFAD.
4. EFAD will express interest in the EC proposal to introduce a Professional Card for dietitians
5. The following were all adopted:
 - Lifelong Learning Policy
 - Pedagogic Standards for Dietetic Placement Teachers
 - Selection of Representatives Policy
 - Publishing Policy
 - Recognition of Experts Policy
 - Draft Work Plans for 2014
6. The Hellenic Dietetic Association will host the next General Meeting from 9-12 October 2014 in Athens, Greece.



EFAD has a new Treasurer!

The German Dietitians Association has provided an Honorary Treasurer to EFAD for many years. Ulrich Hühmer was in the post for 10 years, but Uli has now retired, so that he can devote more time to paragliding, building a house and enjoying time with his daughters. Anne de Looy and Judith Liddell thanked Uli for his exceptional support over the years and gave him a basket of local Italian wine and foods with which to remember his friends and colleagues at EFAD. The new Honorary Treasurer is Manuela Thul, who successfully runs a four-partner family business.

DIETS Website News

After the DIETS2 project ends, the website will be merged with the EFAD website. Everyone who is registered to use the DIETS intranet will still be able to access DIETS information following the merging of the sites. More information will follow. *Réka Kegyes Bozó Administrative Assistant, EFAD and DIETS2*

The joint annual conference of EFAD and the DIETS2 Thematic Network brings together the representatives of the European National Dietetic Associations, the Higher Education Institutions and other nutrition-related stakeholders.

This 7th Conference was dedicated to the non-communicable diseases (NCDs) and the role of dietitians in the prevention of these diseases. Cardiovascular diseases, diabetes and cancer (plus obesity: a risk factor common to all of these) are among the leading causes of death. The prevalence of these NCDs continues to increase, which shows that more integrated approach to nutrition education and the food supply is needed.

The conference explored how the dietetic profession can contribute to Health 2020; as well as the role of dietitians in preventing and treating NCDs using evidence-based practice.



The keynote speaker from WHO, Trudy Wijnhoven*, defined the priority areas for dietitians as:

- 1. Create healthy food and drink environments and encourage physical activity for all population groups*
- 2. Promote the health gains of a healthy diet throughout the life-course, especially for the most vulnerable*
- 3. Reinforce health systems to promote health and to provide services for NCDs*
- 4. Support surveillance, monitoring, evaluation & research of the population's nutritional status & behaviours*
- 5. Strengthen governance, alliances and networks and empower communities to engage in health promotion and prevention efforts.*

In her address, EFAD President Anne de Looy highlighted the role of dietitians – the health professionals who could deliver reliable nutritional advice – in the contribution to the WHO European Region Food and Nutrition Action Plan 2014 –2020.

The Conference facilitated meetings of European Specialist Dietetic Networks for diabetes, obesity, oncology, ageing, public health and food service, which gave opportunity for sharing experiences and discussing the best practices.



After three years of productive work, the DIETS2 Work Packages presented their achievements. The Workshops on Day 2 of the Conference were dedicated to: European Advanced Dietetic Competences, Dietetic Research, Standardised Language and the Lifelong Learning.

At the students meeting and workshops, students were even more involved than at previous conferences, by being given the chance to network and explore collaborative research projects. The 7th EFAD-DIETS Conference demonstrated that dietitians all over Europe can come together and share experiences in pursuit of improving the health status of the European population.

* *Technical Officer Nutrition Surveillance, Nutrition, Physical Activity and Obesity Programme, WHO European Region*

*Koen Vanherle (Artesis Plantijn University College, Antwerp)
Ursula Lukas (German Dietitians Association) Koen.vanherle@plantijn.be*



Continuing our well-appreciated tradition from previous conferences, the 7th DIETS/EFAD conference in Garda again included activities specifically for students. Koen Vanherle and Ursula Lukas organized the student meetings, which were again most successful. We are proud that students attended from many different countries including Austria, Belgium, Estonia, Germany, Greece, Romania, Sweden and Turkey and participated in the students' workshops! On Day 1, we kicked off the conference with a

short introduction and briefing on conferencing and networking. During the day, students followed the regular programme, and some students presented their posters to the very same international audience of professionals.

The first day ended with a Students Thematic Social Event, giving students the opportunity to network in practice and brainstorm in separate groups on international research processes. These outcomes were compared and photos of the fun brainstorming method can be found on the DIETS Facebook page.



We also celebrated the 'Kellogg Barber Award for Nutritional Excellence'. The winners (above) were two students from Tallinn, Estonia, who presented their work on the 'Friendly School Canteen'.

On Day 2, the students' workshop dealt with 'Lifelong Learning outside the classroom'. Rather than being a theoretical lecture, this workshop was inspiring and different "learning styles" were experienced in an interactive way. Students learned but still had lots of uncomplicated fun and much laughter that went along with it. The presentation of this workshop will be available on the DIETS website.



European Food Safety Authority

'Growing-up' formula: No additional value to a balanced diet

EFSA has published a Scientific Opinion on nutrient requirements and dietary intakes of infants and young children. EFSA's scientific experts could identify "no unique role" for young-child formula (commonly called "growing-up formula") in the diet of young children (aged 1-3), concluding that it is no more effective in providing nutrients than other foods that constitute the normal diet of young children.

The Scientific Opinion is available [HERE](#)



The European Professional Card (EPC)

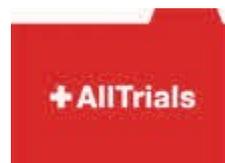
EFAD has registered interest in the introduction of the EPC for dietitians. EFAD believes that the EPC will be important in facilitating the cross-border movement of professionals. Dietitians are regulated by their respective governments in 24 countries, of which only Lichtenstein, Lithuania and Malta are not represented in EFAD. Since 1997, dietitians have made 1098 applications for recognition in another country. There is an upward trend in applications, which is likely to increase. EFAD looks forward to contributing to this important initiative.



ChefMySelf is a project developed within the Ambient Assisted Living Joint Programme in order to improve the standard of living of the elderly. The project aims to develop a system for providing simple cooking solutions to help elderly people prepare meals and maintain healthy eating habits.

[ChefMySelf Ambient Assisted Living Joint Programme](#)

www.efad.org



The results of about half of all clinical trials are not published.

EFAD has joined the AllTrials campaign for all clinical trials to be registered and results reported. Trials with positive results are about twice as likely to be published as those with negative results. Researchers, regulators doctors & dietitians thereby see a distorted picture of research into health interventions and so cannot make truly informed decisions about what treatments are best for patients. EFAD advocates for all dietetic practice to be evidence-based. This is only possible if all the evidence from **all** trials is made available. Thanks to the 60,000 supporters and 400 organizations who have been involved, the EU's proposed Clinical Trials Regulation will make a lot more clinical trial information available in the future. All Trials needs more organizations and people to get involved to help ensure that this opportunity is not lost. Find out more and sign up at:

www.alltrials.net

Ben Meghreblan, Sense About Science



The European Nutrition for Health Alliance

The ENHA supported the Slovenian SPEN and other stakeholders in their effort to involve the Slovenian government in nutrition & health activities. There was a dedicated malnutrition session at the 2nd Slovenian conference on nutrition & health in November. The Director General of the Ministry of Health (and others) confirmed that the government recognized under-nutrition, alongside obesity, as a priority in Slovenian health & nutrition policy. The government saw the need for ownership and support by the professional societies and other stakeholders in nutrition & health and was considering starting a nutritional screening and follow-up care pilot.



WHO News

The WHO Regional Office for Europe was pleased to receive contributions from both EFAD and ENHA when developing the WHO European Food and Nutrition Action Plan 2014-2020 (FNAP). As a direct result of their contributions, the plan was strengthened with more emphasis on prevention and treatment of both under-nutrition and over-nutrition.

WHO has two new publications in the WHO European Region regarding salt reduction initiatives and policies related to marketing of HFFS food to children: [Mapping Salt Reduction Initiatives](#) Dietitians can find about the developments of the 'WHO Evidence-Informed Guidelines in Nutrition for Health and Development' at [Guidelines in Nutrition for Health & Development](#) The full list of guidelines thus far released can be found at [Nutrition Guidelines](#)

Trudy Wijnhoven, Technical Officer Nutrition Surveillance, Nutrition, Physical Activity and Obesity Programme, WHO Regional Office for Europe, Copenhagen

Member States take major step in eHealth cooperation to improve care for patients across EU borders



On 19 November 2013, the 4th eHealth Network meeting in Brussels, adopted guidelines to make it possible to share basic health information for a patient across borders. The guidelines aim to enhance continuity of care and ensure safe and high quality healthcare as set out in the Cross-border Healthcare Directive. The basic information for a patient, according to these guidelines, includes both **administrative data**, e.g. personal information, details of healthcare provider in home country and insurance information, and **clinical data**, e.g. information about allergies, vaccinations and recent surgical procedures. Speaking at the meeting, Paola Testori Coggi, Director General for DG Health & Consumers, European Commission, said *"The adoption of these guidelines is a landmark agreement on EU cooperation on eHealth. This is where we really begin to see a concrete outcome on collaboration in e-Health for the benefit of patients, after years of discussion."* [eHealthNetwork](#)

Good for patients: in the event of planned, unplanned or emergency care, the doctor in the country of treatment will have an electronic over view of the patient, and a set of basic administrative and medical information, which will improve patient safety.

Good for national authorities: As well as providing guidance at EU-level, these recommendations could give national authorities valuable reference both on the procedure and the content of their national patient summary records.

www.efad.org



European forum
for primary care

EFAD and European Forum for Primary Care Strengthens Collaboration!

In September, dietitian Sophie Rodebjer Cairns represented EFAD at The EFPC annual conference on integrated and inter-professional collaboration. The forum aims to improve the health of the European population through monitoring, collecting information on conditions that matter for strong primary care, and by exchanging experiences. Another of EFPC's key targets is promoting the benefits of inter-professional collaboration (IpC). Last year the forum published a position paper on this: *'Improving inter-professional collaboration in primary care'* (Quality in Primary Care, 2012 20:303). The paper highlights the importance of IpC, especially in long-term diseases and multi-morbidity where complex solutions are often necessary. The EFPC notes that IpC is the way forward to tackle future workforce challenges. Already now there are several good examples to read about in the paper. The EFPC has set the standard itself by creating an Advisory Board comprising a wide range of professionals: dietitian, occupational therapist, pharmacist, general practitioner, health economist etc. The next conference *'The future of primary healthcare in Europe V-Linking population health and primary care'* will be multidisciplinary, interactive and in a true EFPC tradition, it will bring everyone together in open discussions. We encourage the participation of any dietitians with an interest in population health and primary care, and who are also looking to widen their network.

Contact: sophie.cairns@nhs.net if you are interested to know more about the EFPC or visit [EFPC](#) where you'll also find more information about the coming conference.

Sophie Rodebjer Cairns, Specialist Diabetes Dietitian, Vice-President, Swedish Association of Clinical Dietitians, Advisory Board Member, EFPC

DHIVA
Dietitians in HIV/AIDS
Group of the British Dietetic Association

**Proposal for
a European
Network of
Dietitians in
HIV**

DHIVA is proposing the formation of a network of European dietitians working in HIV care: END-HIV. There are 2.3 million Europeans living with HIV, and each year around 100,000 are newly diagnosed. Until 15 years ago, antiretroviral treatment was experimental and not particularly effective, resulting in many patients experiencing extreme immuno-suppression as HIV infection progressed. Wasting and diarrhea were commonplace, and a challenge to patients and the dietitians treating them. Using different medicines in combination (HAART: Highly Active Antiretroviral Therapy) has facilitated immune reconstitution in the vast majority of patients, with the number facing acute nutritional challenges such as wasting and diarrhoea declining. These days the metabolic complications of HAART such as obesity, cardiovascular disease, type2 diabetes,

and osteoporosis are the main causes of HIV-related morbidity and mortality in Europe. A recent DHIVA audit shows the changing nature of nutritional challenges:

Prevalence of Nutritional Problems in HIV Patients (UK 2011-2012)

Low Vitamin D	72%
Overweight or Obese	58%
Dyslipidaemia	42%
Severe hypertension	37%
Diabetes or Impaired Fasting Glycaemia	18%
Chronic gastrointestinal problems	16%
Weightloss, poor appetite, or low BMI	13%
Anaemia	11%

The aim of END-HIV is to demonstrate that the dietitian is an essential component of high quality care for patients with HIV; and specialist practitioners must deliver such HIV dietetic care. We aim to provide regular CPD opportunities and training.

If you work in HIV care, or want further information, contact:

[Alastair Duncan](#) HIV Dietitian, London
[DHIVA European AIDS Clinical Society](#)

MEMBER NEWS

2PhD thesis abstracts from Sweden



Lisa Söderström
Nutritional status among older people: risk factors and consequences of malnutrition

This thesis provides additional knowledge of the nutritional status in older people admitted to hospital. The high prevalence and serious consequences of malnutrition shown here underline the importance of screening and taking actions to counteract malnutrition among older people. The data shows that the length of overnight fasting and number of eating episodes per day as possible risk factors formal nutrition is consistent with the current nutritional recommendations. This knowledge may stimulate care providers to decrease the length of overnight fasting and increase the number of eating episodes per day among older people at risk of malnutrition.



Jennifer McGreevy
Characteristics of taste and smell alterations (TSAs) in patients treated for lung cancer

This thesis explores the characteristics of TSAs in a lung cancer population from data obtained using a questionnaire translated and culturally adapted for the purpose. The translation and cultural adaptation of the TSA allows comparisons between English and Swedish speaking populations. Gender differences were recorded, indicating that different approaches for identification and management of TSAs in men and women should be considered. Patients described TSAs in terms of both sensory changes encompassing taste and/or flavour, and hedonic changes indicating that TSAs are multi-dimensional. A consistent vocabulary might therefore facilitate more clear communication about TSAs among patients, healthcare staff and researchers.

News from the Norwegian Diet and Nutrition Association



In June, Arnt Richard Steffensen was elected president of the Norwegian Diet and Nutrition Association for the next three years (2013–2016). Most of the members work as administrative dietitians or as cooks in hospital kitchens and elderly care

centres. The Association works for the welfare of its members, but it also sees the equal importance of being a political force. Among other things, the Association tries to convince Norwegian society that eating healthily in hospitals and elderly care centres is a good idea. This is achieved by talking to politicians and officials, writing in newspapers and on social media, attending conferences etc.

Each year, the Association awards a prize to a person or organization that has been making an extra effort in the hospital care business. In 2013, the prize (€3,500) went to Baerum Storkjokken, which is a public kitchen that daily caters for 1400 people. The kitchen is innovative, they use new technology, fresh products and believe in LLL for their staff. This combination gives a remarkable result, the quality of the food is excellent, and it is widely recognized that the prize was well earned.



[Norwegian Diet and Nutrition Association](#)

[Prizewinner Baerum Storkjokken](#)

MEMBER NEWS



**Tol J, Swinkels IC, de Bakker DH de, Seidell J, Veenhof C (2013)
Dietetic treatment lowers body mass index in over weight
patients: an observational study in primary healthcare *Journal of
Human Nutrition and Dietetics***

Conclusions: Dietetic treatment in primary care lowers BMI in overweight patients. The change in BMI of patients was rather similar between dietitians. Greater BMI reductions were observed in those with a high initial BMI and those treated for at least six months. Future research is necessary to study long-term effects of weight loss after treatment by primary healthcare dietitians, especially since many patients dropout of treatment prematurely. See article at: [Journal of Human Nutrition and Dietetics](#)

Healthy and budget- friendly cooking: The impact of a workshop intervention on low-income families.



In this study we report findings on the impact of a series of workshops on healthy and budget-friendly cooking, aimed at strengthening the competences of low-income families. The main goal was to develop a methodology based on scientific insights, practice-based evidence and field experts, which would make knowledge and practical skills regarding healthy and budget-friendly food accessible to people from low-income backgrounds. We developed a series of workshops comprising about 10 participants each, which covered knowledge of healthy diet and practical shopping, preparation, planning and cooking skills. The intervention took the form of about 10 workshops, including two or three introductory sessions where participants became familiarized with the basis of a healthy diet. The remainder of the sessions were cooking classes that also included a trip to the supermarket to develop skills in identifying healthy choices and reading food labels. The sessions were spaced over the course of several months (weekly or bi-weekly) and a few months after the final session there was a follow-up session organised to assess the long-term effects. We measured dietary patterns and food shopping behaviour using questionnaires both prior to the intervention, as well as after. Our results suggest that changes occurred in the diet of the participants following the intervention.

*Dirickx, Storms, Van Thielen, Vandervoort & Cornelis
Thomas More, Campus Geel, [Thomas More, Belgium](#)*



**AFDN
News**



Dietitians at Marseille Hospitals ([APHM](#)) received a €105985 grant for a nutrition research program over 3 years: '*Observance of the use of oral nutritional supplements in Geriatrics*'. Set up in 2010, the PHRIP ([Hospital Research Program for Nurses & Other Paramedical Professionals](#)) aims to fund research projects with a systematic investigation designed to improve knowledge and practices related to health care and professional practice. This funding will allow the employment of two people (1 FTE) for the duration of the study.

MEMBER NEWS



The Swedish Association of Clinical Dietitians: *Dietitians work with lifestyle*

In 2011 the Swedish National Board of Health & Welfare published National Guidelines for methods of preventing disease. They listed recommendations for supporting patients in their efforts to change an unhealthy lifestyle habit. The lifestyle habits that the guidelines discuss are: tobacco use, hazardous use of alcohol, insufficient physical activity and unhealthy eating habits. These lifestyle habits are also among the risk factors that WHO stresses in its European Strategy for the Prevention and Control of Non-Communicable Diseases. According to WHO, healthy lifestyle habits can prevent 90% of all diabetes, 80% of all myocardial infarcts and 30% of all cancers. The dietitian is of course a natural choice to involve in supporting patients to change their unhealthy eating habits, but we also play an important role in discussing and supporting patients in making healthy choices in all aspects of lifestyle. DRF received a grant from the National Board of Health and Welfare, which resulted in the implementation project: '*Dietitians work with lifestyle*'. This aims to increase teamwork between dietitians and other health care professions, in order to spread an increased understanding of the effect on health of lifestyle. It also seeks to convey this message to politicians and other decision-makers in the health care system. Our vision is to improve health in the population through offering everyone in need an evidence-based method of support and treatment for their unhealthy eating habits. Experienced dietitian Karin Kauppi runs the project. She and her team are currently on tour in Sweden holding workshops on the subject for Swedish dietitians.

Sophie Rodebjer Cairns, Specialist Diabetes Dietitian, Vice-President, Swedish Association of Clinical Dietitians, Advisory Board Member, European Forum for Primary Care
sophie.cairns@nhs.net



APN Nutrition Awards

In 2010, the Association of Portuguese Nutritionists (APN), in partnership with a Portuguese Communication Agency (GCI), embraced the co-development of a new project, the Nutrition Awards (NA). The awards are multi-sectorial that aim to be a mobilizing agent for innovation through the food sector, combining health and education. Further goals are to increase entrepreneurship, national production valorization, healthy food habits and lifestyle promotion. The NA project includes many partners: four Portuguese ministries (economy, health, education and agriculture) as institutional partners, public and industrial organisations, foundations, universities and scientific societies. The 4th annual awards (2013) attracted more than 100 applications in all categories: Innovation Product, Innovation Service, Investigation & Development, Mobilization Initiative and a Communication Special Award. The Portuguese Certification Association (APCER) verifies all the applications and the best ones are then forwarded to an Advisory Board for evaluation and selection of the winners. The APN solely coordinates the Advisory Board (AB) and selects its expert members. The NA project is reaching closer to the food industry, contributing to the development of products, services and other initiatives that could be of some assistance to the Portuguese entrepreneurship. This project enriches APN, growing every year and increasing visibility to the general public about the impact that health, education and food may have as combined factors.



2014

Diary Dates

January

[Welcome to the 3rd Nutrition Winterschool -Gut Wellbeing- Expanding the Horizon](#)

27-30 January, Yllas, Lapland

February

[Plenary Meeting of the Panel on Food Additives and Nutrient Sources Added to Food\(ANS\)](#)

4-6 February, Parma, Italy

March

[Invitation International Days Thomas More Belgium](#)

11-14 March, Kempen, Belgium

[Plenary meeting of the Panel on Plant Health\(PLH\)](#)

12-13 March, Parma, Italy

ICO2014

17-20 March Kuala Lumpur, Malaysia

April

[20th ENLP seminar and 3rd ENLP Advanced Seminar](#)

9-17 April, Luxembourg

[Plenary Meeting of the Panel on Genetically Modified Organisms \(GMO\)](#)

9-10 April Parma, Italy

May

[17th International Congress on Nutrition and Metabolism in Renal Disease](#)

6-10 May, Würzburg, Germany

[5th World Congress on Stevia Tasteful and Strategies to Reduce Sugar and Salt](#)

17 May, Paris, France

ECO2014

28-31 May, Sofia, Bulgaria

June

[MedicReS International CME Conference "Good Clinical Research"](#)

6-7 June, Istanbul, Turkey

[47th Annual Meeting of ESPGHAN](#)

9-12 June, Jerusalem, Israel

The International Association for the Study of Obesity (IASO) is holding the **12th International Congress on Obesity (ICO)** in 2014. The Malaysian Association for the Study of Obesity (MASO) will jointly host the Congress at the Kuala Lumpur Convention Centre from 17-20 March. The programme will offer eight different tracks and include over 70 of the world's top obesity experts as speakers. ICO provides the opportunity to gain insight from the world's leading obesity specialists and hear about:

- The latest research on all aspects of obesity
- New innovative preventive and treatment strategies
- Global alliances to reduce the prevalence of obesity and its associated burden of diseases

Abstract submissions are now open: please submit your abstract [here](#). [Registration will be opening soon via the IASO website](#) and we welcome registrations from everyone working in the field of obesity. Sign up to the IASO newsletter [here](#) to receive the latest news on ICO 2014 and all other IASO events and follow IASO on Twitter [here](#).

Employment Opportunities

[Assistant Professor, Nutrition & Food Science](#) Montclair State University, New Jersey, USA

[EFSA Traineeship](#), Parma, Italy

[Senior Lecturer in Nutrition](#) Bristol, UK

[PhD opportunities](#) Nottingham, UK

[Professor of food, nutrition and dietetics](#) Uppsala, Sweden

Courses and Training Opportunities

In the Netherlands, the MSc Epidemiology Programme at the Julius Center for Health Sciences and Primary Care, University Medical Center, Utrecht has organised an online course [Introduction to Global Health](#), which runs from 13-31 January in collaboration with [Elevate](#) an online academy for health professionals.

Please submit articles for the next EFAD Newsletter (deadline: 11 May 2014) to: Judith Liddell, Secretary General, editor@efad.org

EFAD Newsletter Readers Survey

Please evaluate the EFAD Newsletter here: [EFAD Newsletter Survey](#)