



# EUROPEAN FEDERATION OF THE ASSOCIATIONS OF DIETITIANS

## Definition of a Dietitian

A dietitian is a person with a qualification in Nutrition & Dietetics recognised by national authority. The dietitian applies the science of nutrition to the feeding and education of groups of people and individuals in both health and disease.

## Background

The European Federation of the Associations of Dietitians was established in 1978 in Copenhagen, Denmark. Membership of the Federation is open to the National Associations of Dietitians of all member states of Europe. The General Meeting is made up of representatives of each of the member Associations. The Federation is directed and represented by an Executive Committee. The president and the member Associations of the Executive Committee are elected at the General Meeting.

## What is EFAD?

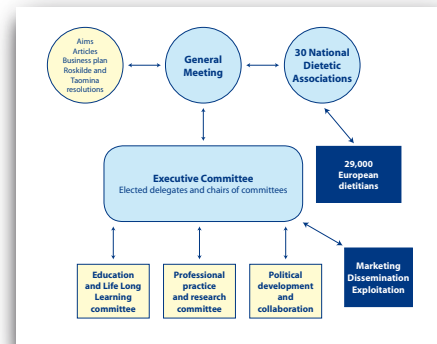
The European Federation of the Associations of Dietitians (EFAD), established in 1978, currently has 30 National Associations of Dietitians as members representing 29,000 dietitians in Europe.

EFAD is a non-profit making organisation that does not pursue any political or religious ends

## Aims of EFAD

- promote the development of the dietetic profession
- develop dietetics on a scientific and professional level in the common interest of the member associations
- facilitate communication between national dietetic associations and other organisations - professional, educational, and governmental
- encourage a better nutrition situation for the population of Europe.

These aims shall be pursued in co-operation within the member associations and with international organisations



## Collaboration and Networking

The Federation has links with other organisations in the field of nutrition and dietetics and with other professionals including:



## Member Associations

